# Akkreditierungsagentur für Studiengänge im Bereich Gesundheit und Soziales



Accreditation Agency in Health and Social Sciences

## **Assessment Report**

for the Application of
Prince Sattam Bin Abdulaziz University,
College of Applied Medical Sciences,
Department of Physical Therapy and Health Rehabilitation
for the Accreditation of the Study Program
"Physical Therapy and Health Rehabilitation" (Bachelor of Physical Therapy)

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Decision June 25, 2019

<sup>1</sup> The experts shown in italics did not participate in the on-site visit of the University.

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#### 1 Introduction

The Accreditation Agency in Health and Social Sciences (AHPGS) is an interdisciplinary and multi-professional organization. Its mission is to evaluate Bachelor and Master's programs in the fields of health and social sciences, as well as in related domains, such as law or economics. By implementing accreditation and recommendation procedures, the AHPGS contributes to the improvement of the overall quality of teaching and learning. However, the higher education institutions remain responsible for fulfilling the quality assurance, too.

Since 2004 the AHPGS has been a member of the European Consortium for Accreditation (ECA). In 2006, the AHPGS also joined the ENQA and became a member of the International Network for Quality Assurance Agencies in Higher Education (INQAAHE) in 2009. Since 2012, the AHPGS has been a member of the Network of Central and Eastern European Quality Assurance Agencies in Higher Education (CEENQA). Starting from 2009, the AHPGS has been listed in the European Quality Assurance Register (EQAR).

In carrying out accreditation procedures, the AHPGS follows the requirements of the Standards and Guidelines for Quality Assurance in the European Higher Education Area (ESG). In the present case, the decision regarding the accreditation of the study program is carried out by the AHPGS Accreditation Commission based on the following accreditation criteria<sup>2</sup>:

- 1. Program aims and learning outcomes
- 2. Curriculum design
- 3. Personnel
- 4. Facilities and learning resources
- 5. Study process and student assessment
- 6. Program and quality management
- 7. Gender and equal opportunities

<sup>&</sup>lt;sup>2</sup> Approved by the AHPGS Accreditation Commission

The external assessment procedure is carried out in four steps:

#### I. The University's application

The AHPGS verifies the sufficiency of the documents submitted by the University, namely the self-evaluation report and its corresponding annexes. These are to fulfill the assessment spheres as well as the AHPGS standards. As a result, the AHPGS produces a summary (see Sections 2-5), which is to be approved by the University and subsequently made available for the expert group, together with all other documentation.

#### II. Written review

The main documents are reviewed by the expert group assigned by the accreditation commission of AHPGS. This is done in order to verify the compliance of the study program with the agreed upon accreditation criteria. Consequently, the experts comprise a short summary regarding the study programs.

#### III. On-site visit (peer-review)

The experts carry out an external on-site visit at the University. During this visit discussions are held with members of the University, which include University and department administration, degree program management, teachers and students. This provides the expert group with details about the study program beyond the written documents. The task of the experts during the on-site visit is to verify and evaluate the objectives of the program and its projected study results, its structure, staff, material resources, course of studies and methods of assessment (selection of students, assessment of achievements, students' support), as well as of the program management (program administration, external assurance of study quality).

Following the on-site visit, the expert group issues the expert report. This report is based on the results of the visit, the written review of the study programs, and the documents submitted by the University. Finally, the report is made available to the University so that it can issue a response opinion.

The expert report as well as the University's response opinion – together with the provided documents – is submitted to the accreditation commission of the AHPGS.

#### IV. The AHPGS accreditation decision

The accreditation commission of the AHPGS examines the documentation made available in the process of application, namely the University's self-evaluation report, its annexes, the summary comprised by the AHPGS, the expert report, as well as the University's response opinion. These documents represent the basis for the commission's decision regarding the recommendation for accreditation of the study program. Consequently, this decision – together with all other documentation – is forwarded to AHPGS Accreditation Commission for it to reach a decision regarding the accreditation of the study program.

#### 2 Overview

#### 2.1 Procedure-related documents

The Prince Sattam Bin Abdulaziz University (PSAU), also referred to hereinafter as "the University", delegated the task of accrediting the following Bachelor study programs to AHPGS: "Physical Therapy and Health Rehabilitation", "Radiology and Medical Imaging", "Nursing", "Medical Laboratory Sciences" and "Biomedical Technology".

The self-evaluation report for accreditation (without the awarding of the official seal of the Accreditation Council of the Foundation for the Accreditation of Study Programs in Germany) of the above-mentioned study programs (hereinafter the Self-evaluation report or SER) of the University was submitted to the Accreditation Agency in Health and Social Science (AHPGS) in electronic format on the October 15, 2018. The contract between the University and the AHPGS was signed on the September 21, 2018.

On January 21, 2019 the AHPGS forwarded the open questions and explanatory notes (hereinafter OQ) pertaining to the Application for accreditation for the study programs to the University. On the February 11, 2019 the University submitted the answers to the open questions and explanatory notes (hereinafter AOQ) to the AHPGS in electronic format.

The present document presents the summary of the AHPGS for the Bachelor study program "Physical Therapy & Health Rehabilitation". The first cohort for this program was admitted in 2008.

The application documentation submitted by the University follows the outline recommended by the AHPGS. Along with the application request towards accreditation of the Bachelor study program "Physical Therapy & Health Rehabilitation", the following additional documents can be found in the application package (the documents submitted by the University are numbered in the following order for easier referencing):

Specific documents for the study program "Physical Therapy & Health Rehabilitation"

Annex	Description
1	Statement of facilities availability
2	Curriculum Vitae for Instructors of the Program
3	Module Guide
4	Module Overview
5	Study Plan
6	Teachers' Matrix (male section)
7	Teachers' Matrix (female section)
8	Intern Evaluation Form (blank and completed)
9	Exemplary Course Report and Specification

Alongside the study-program-specific documents, the following documents pertain to all study program submitted for external evaluation:

Annex	Description
Α	Vision, mission and goals of the University
В	Final Examination Manual
С	Exemplary Cooperation Agreement
D	Internship Manual
E	Strategic Plan of the Deanship of Scientific Research
F	Executive Plan of the Deanship of Scientific Research
G	Quality Manual
Н	Intern Follow Up Report

The application, the open questions (OQ) and the answer to the open questions (AOQ) as well as the additional documents build the basis for the present summary. The layout bears no significance, as it solely reflects the agreed standard within the University.

## 2.2 Study program

## 2.2.1 Structural data

University	Prince Sattam Bin Abdulaziz University
Faculty/Department	College of Applied Medical Sciences  Department of Physical Therapy and Health Rehabilitation
Cooperation partner	<ul><li>Ministry of Health</li><li>Ministry of Education</li><li>Governmental hospitals</li></ul>
Title of the study program	Physical Therapy and Health Rehabilitation
Degree awarded	Bachelor of Physical Therapy
Form of studies	Full-time, on-campus
Organisational structure	Sunday to Thursday 08:00 am - 05:00 pm
Language of Studies	English College of Education Modules are in Arabic
Period of education	Nine semesters (preparatory year included) + one-year noncredit internship
Total number of modules	56 (including preparatory year)
Credit Points (CP) according to the European Credit Transfer System (ECTS)	140 credit hours (equals 275 ECT credit points)
Credit Hours/per week	1 Theory Credit Hour = 1 Hour 1 Lab/Practical Hour = 2 Hours 1 Clinical Credit Hour = 2 Hours
Workload	Total: 8,230 hours Contact hours: 3,075 hours Individual work: 3,075 hours Internship year: 2080 hours
Launch date of the study program	2008
First accreditation	Program has not yet been accredited
Time of admission	Fall semester & summer semester
Number of available places on the program	60, maximum 30 female and 30 male students

Number of currently en- rolled students	245 (140 male and 105 female students)
Number of enrolled stu- dents by now	608
Number of graduates by now	258
Particular enrollment conditions	- Saudi Secondary School Certificate –Science Section (SSSCSS) or its equivalent (not more than 5 years old) - Aptitude Test Certificate (ATC) - minimum qualifying scores in SSSCSS & ATC: 75% - applicant must not have been dismissed from another university for disciplinary reasons - passing the Preparatory Year with a GPA of at least 3.0 on a 5.0 scale - students must have Saudi nationality
Tuition fees	Tertiary education in the Kingdom of Saudi Arabia is free for all Saudi nationals. Students also receive monthly governmental stipends until they graduate.

Chart 1: Structural data of the study program

The College of Applied Medical Sciences was established in 2009 in Alkharj (main Campus of the University) and in Wadi Addawasir. The College of Applied Medical Sciences in Al Kharj encompasses five academic departments including the Department of Physical Therapy and Health Rehabilitation to which the Bachelor study program "Physical Therapy and Health Rehabilitation" is affiliated. In Wadi Addawasir, there are only two programs offered. However, the programs on both Colleges are run by different administrative staff and faculty members. Thus, there is no exchange between students and faculty members (General AOQ 1). The language of instruction is English – "except for Islamic studies and Arabic language courses which are taught in Arabic" (SER 1.2.8).

The study program is structured as follows:

Semester 1+2: preparatory year under the deanship's supervision. Students study at the College of Education together with all other enrolled students.

This preparatory year is "common to all medical and allied health sciences programs at the university". In this year, amongst others, the necessary English skills are thought. For students with a low level of English, the Academic Guidance Unit provides additional English classes (General AOQ 2). Passing the first year is a prerequisite for being admitted to the study program (SER 1.2.2.).

Semester 3-5: the students study at the College of Applied Medical Sciences and take some courses at the College of Education.

Semester 6-9: students study solely under the supervision of the Department of Physical Therapy and Health Rehabilitation. The College of Education is no longer involved (see Study plan Annex 05).

In addition to the nine semesters at the university, the students have to complete a rotary internship (one year without credits). The internship most importantly provides an "opportunity for the students to integrate didactic concepts of physical program with professional skills in the clinical environments" (SER 1.2.6). The successful completion of the internship is a prerequisite for the award of the Bachelor degree and in order to complete "the licensing procedures with the professional bodies in the kingdom" (SER 1). In Saudi Arabia, aby health science student should have a license from the Saudi Commission for Health Specialties (SCH) to be able to work in any health institution. Recently, the graduates of PSAU receive this license by default (AOQ 2).

#### 2.2.2. Qualification objectives and employment opportunities

The University strives to train students to be knowledgeable, service-oriented, collaborative, reflective practitioners. The acquired qualification shall enable the graduates to professional practice as a Physical Therapist in public and private hospitals or rehabilitation setups (SER 1). Thus, the curriculum "represents a concrete confluence and comprehension of ideas from many relevant sources and maintain consistency and reliability with employment requirements at national and international front" (SER 1.2.8.).

The vision of the University is to be recognized for excellence education and community partnership. "The University endeavors to produce high-caliber graduates through providing education that aligns with international standards in an academic and research environment of outstanding human resources, effective community partnership and supportive administrative structure".

For that, the University identified ten strategic goals which are amongst others attending to students' needs and developing their capabilities, recruiting and retaining distinguished faculty members and assisting graduates (Annex A).

The University provided a list of output-oriented descriptions of all skill fields in the program, including overarching skills, following the categories of the National Qualification Framework (NQF) of the Kingdom of Saudi Arabia. These are categorized into Knowledge Skills; Cognitive Skills; Interpersonal Skills and Responsibility; Communication, Information Technology and Numerical Skills; and Psychomotor Skills and described by the University as follows:

Knowledge Skills are chiefly concerned with the ability to understand and acquire knowledge, concepts and information from different disciplines and sciences, such as (SER 1.3.3.):

- provide the student with opportunities to know the basic knowledge of patient/client examination, evaluation and intervention techniques and in professional communication in a variety of class settings
- define Basic sciences of anatomy, physiology and biomechanics
- describe the Basics of electrotherapy, hydrotherapy and therapeutic exercises
- recognize basic physical therapy procedures in the domains of pediatrics,
   orthopedics, neurology, chest, burn and surgery

- provide fundamental knowledge related to normal and abnormal human structure, function and response to injury and diseases
- identify the basic knowledge of health care systems and role of physical therapy in provision of health care and service
- identify the concept of evidence-based practice

Cognitive Skills stem from the students' ability to, amongst others, recognizing basic physical therapy procedures in the domains of pediatrics, orthopedics, neurology, chest, burn and surgery and adapting delivery of physical therapy services with consideration for patients' differences, values, preferences and needs.

Interpersonal Skills and Responsibility concern the skill of combining different knowledge to solve professional problems.

The University states that the aim is to "cultivate a learning culture in which the student assumes responsibility for planning, implementing and monitoring progress toward the goal of physical therapy practice". Concerning Communication, Information Technology and Numerical Skills the students are expected to "interact with health care professionals so as to integrate into the health care delivery system and the physical therapy profession.

Finally, the Psychomotor section concerns itself with the ability to appropriately and safely practice in a manner that minimizes the risk to the patient and others.

The University states that graduates are qualified to pursue their academical career in institutions to teach in the field of physical therapy. Moreover, they have the opportunities to work in various fields such as hospitals, rehabilitation centers, privet clinics and primary health care centers. The intended learning outcomes, awarded qualifications and employment information are available for current students, as well as graduates.

So far, 258 students graduated the "Physical Therapy and Health Rehabilitation" program. Out of the 258 graduates, 194 have been employed and 7 graduates enrolled in a Master degree program (AOQ 5).

#### 2.2.2 Modularization and exam system

The program comprises 56 obligatory modules. 36 are offered by the department (Program Requirements). In addition, 5 courses are offered according to College of Applied Medical Sciences (CAMS) requirements and 5 as Prince Sattam Bin Abdulaziz University (PSAU) general requirements, taught at the College of Education. 10 Modules are taught in the preparatory year. On average, there are 6 modules provided for each semester. All modules have to be completed within 9 semesters. A period for exchange is not foreseen. Exclusive of the internship year (non-credit bearing), students usually complete between a minimum of 14 and a maximum of 18 credit hours (CH) per semester (SER 1.2.1.).

The following study plan lists the required sequence of courses at the University:

Offered through	Nr.	Title	Sem.	СН
College of Education	ARAB 101	Language Skills	1	2
	ENGL 132	English: Reading	1	2
	ENGL 133	English: Writing	1	2
Preparatory Year	BIOL 106	General Biology	1	4
	CT 140	IT Skills	1	3
	MC 1400	Communication Skills	1	2
College of Education	IC 101	Introduction to Islamic Culture	2	2
	STAT 106	Biostatistics	2	2
	CHEM 106	Organic Chemistry for Health Sciences	2	2
Preparatory Year	PHYS 106	General Physics	2	4
	ENGL 131	English: Listening & Speaking	2	2
	ENGL 134	English for Health Sciences	2	3
College of Education	IC 102	Islam and the Construction of Society	3	2
	ARAB 103	Expository Writing	3	2
Department of	CAMS 231	Human Anatomy & Physiology	3	4
Physical Therapy and	CAMS 232	Math for Health Sciences	3	2

<sup>&</sup>lt;sup>3</sup> The students 'workload is based on his cumulative GPA. Students with a GPA of 2.0 can register up to 14 credit hours, while those with a GPA of 4.5 or above are eligible up to 20-24 credit hours as a maxium.

Health Rehabilitation	CAMS 234	Healthcare Emergency	3	2
	CAMS 235	Introduction to Pathology	3	2
	CAMS 236	Introduction to Applied Medical Sciences	3	2
	RHPT 241	Measurements in Physical Therapy	4	3
Department of	RHPT 242	Human Anatomy	4	3
Physical Therapy and	RHPT 243	Human Physiology	4	2
Health Rehabilitation	RHPT 244	Electrotherapy-1	4	3
	RHPT 245	Introduction to Biomechanics	4	2
	RHPT 246	Therapeutic Exercise-1	4	3
College of Education	IC 103	Economic System in Islam	5	2
	RHPT 351	Neuroanatomy	5	3
Department of	RHPT 352	Therapeutic Exercise-2	5	3
Physical Therapy and	RHPT 353	Electrotherapy-2	5	3
Health Rehabilitation	RHPT 354	Neurophysiology	5	3
	RHPT 355	Human Biomechanics	5	3
College of Education	IC 104	Fundamentals of Political System in Islam	6	2
	RHPT 361	Pathophysiology	6	2
Department of	RHPT 362	Hydrotherapy	6	3
Physical Therapy and	RHPT 363	Medical Massage	6	2
Health Rehabilitation	RHPT 364	Physical Therapy for Pediatrics	6	3
	RHPT 365	Pharmacology	6	2
	RHPT 366	Traumatology	6	2
	RHPT 471	Orthotics and Prosthetics	7	2
Department of	RHPT 472	Physical Therapy for Neurological Disorders	7	3
Physical Therapy and	RHPT 473	Rehabilitation Psychology	7	2
Health Rehabilitation	RHPT 474	Clinical Practice in Pediatrics	7	2
	RHPT 475	Physical Therapy for Orthopedics and Rheumatology	7	3
	RHPT 476	Physical Therapy for Burn and Surgical Conditions	7	3
	RHPT 481	Information Technology in Nursing	8	3
Department of	RHPT 482	Local and Global Issues in Nursing	8	3
Physical Therapy and	RHPT 483	Geriatric Rehabilitation	8	3
Health Rehabilitation	RHPT 484	Advanced Physical Therapy Procedures	8	3

	RHPT 485	Reading in Medical Imaging	8	3
	RHPT 491	Management of Physical Therapy Services	9	2
	RHPT 492	Occupational Therapy	9	3
Department of	RHPT 493	Clinical Practice	9	2
Physical Therapy and	RHPT 494	Selected Clinical Topics	9	2
Health Rehabilitation	RHPT 495	Research Methodology	9	2
	RHPT 496	Patient Care	9	2
	RHPT 497	Independent study	9	2
		Total:	140	

Chart 2: module overview

The module descriptions (Annex 3) contain information about each course's name and code, in which semester it is offered, its number of credit hours, its language of instruction, intended learning outcomes, course contents and assessment methods.

According to the University, all newly admitted students are required to complete the preparatory year program with a cGPA of at least 3.0 out of 5.0before starting their undergraduate study (AOQ 4). The third level shall prepare the students generally with modules like "Human Anatomy", "Healthcare Emergency" and "Pathology" for the specific programs offered by the College of Applied Medical Science, where the department of Physical Therapy and Health Rehabilitation is included.

The intermediate levels 4-6 comprise examine modules which equip the students with fundamental knowledge required to comprehend the Physical Therapy and Health Rehabilitation, such as "Measurements in Physical Therapy", "Neuroanatomy", "Hydrotherapy", etc.

In the higher levels 7-9 the modules cover the studying of advanced physical therapy and health rehabilitation topics such as "Rehabilitation Psychology", "Physical Therapy for Burn and Surgical Disorders" and "Advanced Physical Therapy Procedures".

The University operates its own hospital and all the clinical facilities of the Ministry of Health can be utilized by the governmental universities for clinical training and internship purposes. Therefore, the University is able to utilize local and

regional governmental hospitals (SER 1.1.2). For an exemplary cooperation document please see Annex C.

During the "Physical Therapy and Health Rehabilitation" program, students gain their practical experience through an internship training year, right after they successfully completed all modules of the program. A coordinator is assigned to oversee the internships. The coordinator is in contact with the clinical instructor at the training site and provide the training and assessment manual as well as training regulations. The internship year most importantly provides an opportunity for the student to integrate didactic concepts of the physical program with professional skills in the clinical environments. The students are not considered as graduates until they complete the full clinical training period of 12 months in accredited training centers under supervision of the College.

For passing the Internship year, the students must get an average evaluation score of at least 70% (Annex D). For an example of the evaluation form please see Annex 8.

Currently, it is not possible for "Physical Therapy and Health Rehabilitation" students to participate in mobility exchanges. Rather, the University ensures the international relevance of its "Physical Therapy and Health Rehabilitation" program by comparing the program with other universities around the world. According to the University, this study confirmed the conformity of the program with other universities, thus students of this program have no problems to continue their master study at foreign universities e.g. in Canada, USA, Australia and European countries (SER 1.2.9.).

Students are introduced to the essential concepts of research through the modules "Research Methodology" (semester 9), "Independent study" (semester 9). These courses help the students to get familiar with various research methods and incorporate evidence-based practice during the internship. Moreover, the University organizes an annual research conference for students where several awards are offered (SER 1.2.7).

The department emphasis on participative and communicative lectures in which topics and concepts are explained and explored interactively, constantly referring to relevant and associated literature. The students also undergo quizzes in which they discuss the subject matter and the assignments of the course.

The required psychomotor skills and attitudes are practiced during the laboratory and clinical training sessions. These skills are explained and demonstrated to students through pictures, and videos and hand-on training on patients and simulators. "Then they are encouraged to practice them on each other under supervision till they get command on pragmatically and comprehensive understanding of the techniques" (SER 1.2.4.).

"The student must attend at least 75% of the total number of classes. If the student is absent for more than 25% classes in any course acceptable reason, he will be denied attendance in the final exam and will be given the grade of "Denial" (DN). [...] Sick leave is only accepted on the basis of a medical report issued by the Medical Center of the University or one endorsed by it" (SER 1.2.3 Biomedical Equipment Technology). The official document where the attendance rules etc. are regulated is only available in Arabic. The attendance is recorded officially on an electronic system provided at the University level.

The process of assessment is implemented through a mix of formal, predetermined examinations and semester-long assessment methods such as quizzes, presentations, homework assignments, keeping logbooks and participation in discussions. There are at least two major examinations in each module, namely, the midterm and the final examination.

The success in a course it based on the combination of a grade awarded for course work plus the grade for the final exam. The grade for the course work is within 50-60% of the total mark, the remainder builds the final exam. The pass mark of each course is 60, the total mark is 100 (SER 1.2.3.).

Regarding the examination regulation for the final exam please see Annex B.

Regarding regulations on compensation measures for students with disabilities and chronic illnesses the University explains that for students who have gaps in their studies over different levels, the Faculty has established a system of guidance and advice. At the beginning of the semester, each member of the teaching staff is responsible for a group of students. In case there is an educational problem for the student, the teacher points out this problem to the administration and try to solve it for the benefit of the student.

Regarding the rules of recognition for credits, the University explains that the "maximum allowable percentage of credit hours that could be transferred by students from other universities is 40% of the total credit hours in the

curriculum. [...]. All of the previous courses he has studied, including his grades and his term and cumulative averages, will be entered into the academic record of a student who has changed from one major to another according to the provisions of the regulations governing examination. [...]. These courses are evaluated by the Department Academic Committee and faculties who teach these courses and approved by the Department head. Transferred credits are not included in the GPA and a pass grade is assigned to those courses" (SER 1.5.3). The regulations for transferring students and the rules of recognition for credits are developed by the University's Rectorate for Academic and Educational Affairs and posted on its website.

#### 2.2.3 Admission requirements

Admission policies and procedures along with the requirements are listed in the admission guide, which is currently only available in Arabic.

In order to be accepted to the study program, students must undergo the admission process for PSAU and fulfill the program's requirements, the foremost of which is, having Saudi nationality or having been born to a Saudi mother. For regular students, applicants must hold a Saudi Secondary School Certificate Science Section (SSSCSS) or its equivalent that is not more than five years old In addition, applicants must have an Aptitude Test Certificate (ATC) administered by the National Center for Assessment in Higher Education. The applicants must have a minimum qualifying score in SSSCSS and ATC of 75%. Accepted students start studying at the Preparatory Year Deanship in Medical path, in which they must achieve a cumulative GPA (cGPA) of at least 3.0 out of 5.0 to start the CAMS programs offered by the College of Applied Medical Sciences, where the study program "Physical Therapy and Health Rehabilitation" is included (SER 1.5.3.).

#### 2.3 Study conditions and quality assurance

#### 2.3.1 Human resources

According to the University, the workload in the "Physical Therapy and Health Rehabilitation" program, is managed by 2 professors, 3 associated professor, 7 assistant professors, 1 lecturer and 1 teaching assistant for the male students and 1 associate professor, 2 assistant professors, 5 lecturers and 1 teaching assistant for the female section. (SER 2.1.1.). They are all employed on a full-time basis.

The full teaching load of all regular academic staff members is ten hours for professors, 12 hours for associate professors, 14 hours for assistant professors, 16 hours for lecturers and 18 hours for teaching assistants, demonstrators, teachers and clinical instructors.

Lecturers must at least hold a Master degree. Teaching assistants must at least hold a bachelor degree, so do Clinical Instructors. Assistant professors, associate professors and full professors must at least hold a PhD degree (AOQ 9). The faculty requirements are adopted by the Ministry of Education for all the universities. The faculty's qualifications are documented in the CVs submitted by the University (Annex 2).

Considering the total of 140 currently enrolled male students in the "Physical Therapy and Health Rehabilitation" program, this corresponds to a student-to-faculty ratio of 1:10. Considering the total of 105 currently enrolled female students in the study program, it leads to a student-to-faculty ratio of 1:12. (SER 2.1.1.). According to the University (SER 2.1.3.), all faculty members are encouraged to attend workshops and international or national conference for which they are given financial support such as transportation allowance, registration allowance and daily-pocket money allowance. The University also provides training options to help their faculties improving their teaching effectiveness and the quality of education at the college in general. In addition, the "Biomedical Equipment Technology" program includes long-term career planning, job development and placement, career counseling provided by a Transition Coordinator, who is responsible for work and study services. Furthermore, PSAU faculty members are eligible for one semester sabbatical leave every three years or one year every five years.

#### 2.3.2 Facilities

The University states that there are four lecture rooms for the male section and four lecture rooms for the female section.

Furthermore, there are 10 laboratories, 7 for the male and 3 laboratories for the female section. The department is housed within the College of Applied Medical Sciences building, thus students from various departments share some common facilities.

The University states to also hold subscriptions to thousands of e-books and a sufficient number of hardcopy books related to the field. The library is open from 08:00 to 14:00 on Saudi weekdays.

The library is open from 08:00 to 14:00 on Saudi weekdays. As the University ensures, the Deanship of Information Technology and Distance Learning is responsible for guaranteeing that students have access to the technology they need and is willing to provide all necessary equipment needed for teaching purposes. To support the production of high-quality research, the access to research database through channels such as the Saudi Digital Library is ensured (Annex G).

#### 2.3.3 Quality assurance

As a part of quality assurance, PSAU University encourages and supports its academic programs to get accreditation from different agencies. For a detailed description of the received awards please see Annex G. Furthermore, the University states that many quality assurance processes have been established, such as processes for course and program reporting, direct and indirect assessment processes, etc. (ibid). The University also developed a strategic plan for 2012-2021, in which one objective is to develop a quality control system and criteria that enhance the university's outputs (Annex E).

To ensure quality teaching and learning management, the University claims to follow the standards and procedures issued by the NCAAA (National Commission for Academic Accreditation and Assessment), which has been established with responsibility for determining standards and procedures for accreditation and quality assurance for post-secondary institutions and programs within the Kingdom of Saudi Arabia. Furthermore, the Vice Deanship for Development and Quality, established since the establishment of the university, is responsible for monitoring all issues related to quality at CAMS. According to the University,

there are annual developmental accreditation visits, carried out by internal assessors from the Deanship for Development and Quality and an action plan is prepared annually based on each year's review panel recommendations, where all faculty members are included (SER 1.6.1.).

As described by the University, it employs following measures to assure quality within the department (SER 1.6.3.):

- Each group of modules (per level) are assigned to a quality coordinator who has the responsibility of ensuring that the NCAAA's quality-related documents are fully prepared and submitted to the Department's Quality Coordinator, who is a member of the Development and Quality Unit
- Students Course Evaluation survey is applied for each module to measure its quality
- In collaboration with the Vice Deanship of Development and Quality, the Department's Quality Coordinator is responsible on ensuring the completion of various documents

The University declares that the study program is regularly evaluated. Beside the students' evaluations which are completed by using electronic surveys, each module coordinator submits a course report regarding recommendations for improving the assessment mode or any other difficulties faced during the semester (Annex 9). The evaluation of the practical experiences is ensured by the program which "periodically survey the opinion of the beneficiaries of the program, graduate students, and the employment bodies on the quality of the program outputs, which includes the period of practical training, and then the obtained data are analyzed and discussed in the department council to come up with some recommendations and then implement them. In addition, a training unit was established at the college. One of the duties of the training unit is to choose the best training places for the students of the college. The training unit also follows up periodically with students' supervisors during the training period regarding student's performance. The training unit will also identify and work on the obstacles facing students during the training period" (SER 1.6.4.).

The University emphasizes that it follows an equal opportunity policy for recruitment and students' admittance. Regarding compensation measures for students with disabilities and chronic illnesses, the University claims that they have a non-discriminatory policy in the general criteria for offering study places to all students with various disabilities but apart from that it is a condition at the CAMS to be physically fit because of the nature of practice in health professions. That's why individual cases are discussed in the College Council.

#### 2.4 Information about the University

The University was founded in 2009 under the Royal Decree No. M/7305 as "University of Alkharj" and includes colleges in five governorates of Riyadh Region. In 2015, the University changed its name to "Prince Sattam Bin Abdulaziz University" (PSAU). Currently, more than 28.000 students are enrolled. The University is under the supervision of the Ministry of Education and managed by the Rector of the University. The PSAU main campus has two different campus for male and female students, which are not equally equipped in terms of the number of laboratories and available equipment (General AOQ3). Due to an upcoming move, the female campus is currently housed in a temporary building.

The PSAU includes 10 colleges and offers 69 bachelor and 2 master programs (General AOQ 4).

#### PSAU main campus is located in Al Kharj (approx. 100 km from Riad):

- College of Medicine
- College of Pharmacy
- College of Dentistry
- College of Computer Science
- College of Engineering
- College of Business Administration (also in Hotat Bani Tamim)
- College of Sciences and Humanities (also in Hotat Bani Tamim, in Aflaj and in Slayel)
- Community College (also in Aflaj)
- College of Education (also in Wadi Addawasir)
- College of Applied Medical Sciences (also in Wadi Addawasir)

The latter was founded in 2008/2009. The Department of Physical Therapy and Health Rehabilitation was also established in 2008 and is under the management of the College of Applied Medical Sciences (CAMS). There are currently 245 students enrolled in the study program "Physical Therapy and Health Rehabilitation" which is the only program offered at the Department of "Physical Therapy and Health Reahbilitation". The study program has recently moved to

the new building for the College of Applied Medical Sciences in the main campus of PSAU University at Al-Kharj. The new building includes well-equipped classrooms, laboratories, and teaching staff offices. The physical therapy program established an outpatient clinic to provide the physical rehabilitation services for Al-Kharj community. The outpatient clinic provides an excellent clinical environment for the students and helps in developing the professional skills (SER 3.1.1.).

In Wadi Addawasir (almost 600 km from main campus), the following colleges are located:

- College of Engineering
- College of Education
- College of Applied Medical Sciences
- College of Arts and Sciences

In Hotat Bani Tamim (approx. 100 km from main campus), the following colleges are located:

- College of Business Administation
- College of Sciences and Humanities

In Aflaj (approx. 350 km from main campus), the following colleges are located:

- College of Sciences and Humanities
- Community College

In Slayel (aprox. 450 km from main campus), only the College of Sciences and Humanities is located.

#### 3 Expert Report

#### 3.1 Preliminary remarks

The Accreditation Agency in Health and Social Sciences (hereupon, the AHPGS) was commissioned by the Prince Sattam Bin Abdulaziz University (hereupon, the University) to accredit the study programs "Biomedical Technology" (Bachelor of Biomedical Technology), "Nursing" (Bachelor of Nursing Sciences), "Physical Therapy and Health Rehabilitation" (Bachelor of Physical Therapy), "Radiology and Medical Imaging" (Bachelor of Radiological Sciences) and "Medical Laboratory Sciences" (Bachelor of Medical Laboratory Sciences).

The on-site visit evaluation of the study programs "Physical Therapy and Health Rehabilitation", "Nursing", "Radiology and Medical Imaging", "Biomedical Technology" and "Medical Laboratory Sciences" offered at the Prince Sattam Bin Abdulaziz University, was carried out on March 25-26, 2019 at the University in Al Kharj, Kingdom of Saudi Arabia.

The application documents of the University, the feedback from the experts to the documents and the results of the discussions with the representatives of the University during the on-site visit serve as bases for the statements made in the expert report.

The following experts were appointed by the Accreditation Commission of AHPGS for the evaluation of the study programs.

#### As representatives of higher education institutions:

#### Prof. Dr. Gerlinde Egerer

#### University of Heidelberg, Germany

Senior physician at the Medical Clinic and Polyclinic of the University of Heidelberg, Germany;

Head of the Ethics Committee of the State Chamber of Physicians Baden-Wuerttemberg

#### Prof. Dr. Johannes Gräske

# University of Applied Sciences for Technology and Economy Saarland, Germany

Professor for Clinical Research and Evaluation at the University of Applied Sciences for Technology and Economy of the Saarland, Germany

#### Prof. Dr. Christian Grüneberg

#### University of Health, Bochum, Germany

Head of Physiotherapy (Bachelor)at the University of Applied Sciences for Health

#### Dean of the Department of Applied Health Sciences

#### Prof. Dr. Johannes Keogh

#### Fulda University of Applied Sciences, Germany

Professor of Nursing Sciences at Fulda University of Applied Sciences, Germany

Former Dean of the Faculty of Nursing and Health

Responsible for international affairs of Nursing Degree Programs

Qualification as nurse, midwife, community nurse and in psychiatric patient care

#### Prof. Dr. Gerd Mikus

#### Heidelberg University Hospital, Germany

Clinical pharmacologist and senior physician at the Heidelberg University Hospital, Germany;

Member of the German Society of Clinical Pharmacology (DGKliPha), of the Australasian Society of Clinical and Experimental Pharmacologists and Toxicologists (ASCEPT), of the Association of Applied Human Pharmacology (AGAH); Deputy head of the Ethics Committee of the State Chamber of Physicians Baden-Wuerttemberg

#### Dr. Werner Reiche4

#### Hospital of the city of Ludwigshafen

Central Institute for Diagnostic and Interventional Radiology Specialist in Diagnostic Radiology, Specialist in Nuclear Medicine in Idar-Oberstein, Germany

#### Prof. Dr. Katharina Scheel<sup>1</sup>

#### Kiel University of Applied Sciences, Germany

Professor of Physiotherapy,

Department of Social Work and health

GESA Health in the Workplace (Schleswig-Holstein Network for the Workplace health promotion of the Ministry of Social Affairs, Health, Family and Equality)

#### As representatives of professional practice:

#### Tina Hartmann

Association for Technologists and Analysts in Medicine Germany, Hamburg, Germany

School for Health Professions at the Hospital Dortmund gGmbH, Staff Office School Management Head of MTRA-Training

<sup>&</sup>lt;sup>4</sup> The experts shown in italics did not participate in the on-site visit of the University. Instead, they took part in the written evaluation.

### Dr. Sylvia Kaap-Fröhlich

#### Careum Research Zürich

Registered Biomedical Science Analyst and Head of Careum Research and Education Center in Zürich

#### As a student representative:

#### Anita Eggert, B.A.

#### Student at the Bielefeld University of Applied Sciences

Graduate of Nursing and Health Care

According to the *Rules for the Accreditation of Study Programs and for System Accreditation* (determined by the decision of the Accreditation Commission, of December 8, 2009 in the version of February 20, 2013, Drs. AR 20/2013), the task of the experts in the accreditation procedures is to evaluate the education concept of a specific study program as well as to estimate the possibility of its successful implementation.

This concerns, in particular, qualification objectives of the study program, its conceptual integration into the system of education, the concept of the study program, feasibility of the content and scope of studies, the examination system, study-relevant collaborations, personnel, material and spacial resources, transparency and documentation, application of the results of quality assurance for further development of the study program (it is especially important to present the analyses and evaluation results of student workload, academic accomplishments and employment of graduates, which are to be documented and taken into account within the framework of continuous development of the study program), as well as the provision of gender equality and equal opportunities.

The on-site visit of the experts is carried out in line with the Accreditation Criteria for International Program Accreditation. They have been developed by the Agency in close accordance with the Standards and Guidelines for Quality Assurance in the European Higher Education Area established by the European Association for Quality Assurance in Higher Education (ENQA). After the announcement of the accreditation decision, the expert report will be published as a part of the final Assessment Report.

#### 3.2 Basic information about the study program

The main objective of the Bachelor study program "Physical Therapy and Health Rehabilitation" offered at the College of Applied Medical Sciences of the Prince Sattam Bin Abdulaziz University is to prepare graduates to be knowledgeable, service-oriented, collaborative and reflective practitioners, who are able to practice as a professional physical therapist in public and private hospitals and rehabilitation setups, or to start their own practice. The study program requires the obtainment of 140 credit hours (CH) according to the international credit hour system. One credit hour is equal to one contact hour of lectures, or two hours of laboratory or clinical training per week. The total workload of the program constitutes 8,230 hours, out of which 3,075 hours are contact hours, 3,075 hours are individual work and 2,080 hours have to be completed in a 48weeks rotary internship at the end of the studies. The Bachelor study program "Physical Therapy and Health Rehabilitation" is a full-time study program with a regular duration of 4.5 years / 9 semesters plus one year of rotary internships. The program curriculum consists of 56 obligatory courses, of which 12 are to be taken in a preparatory year.

Admission requirements of the program include the possession of a Saudi Secondary School Certificate (Scientific Track), or its equivalent, and passing the General Aptitude Test with a total score of at least 75 %. In addition, students must pass the preparatory year with a minimum GPA of 3.0 out of 5.0.

Upon completion of the study program, students are awarded with the academic degree "Bachelor of Physical Therapy". The average students' intake in the "Physical Therapy and Health Rehabilitation" program is 60 students (30 female and 30 male students) each year. Admission takes place twice a year, at the beginning of the fall and summer semester.

The first batch of students has been admitted to the program in the year 2008. Up to now, 258 students have graduated from the program. The main language of instruction is English. No tuition fees are charged to Saudi nationals. Students also receive monthly governmental stipends until they graduate.

#### 3.3 Expert Report

The on-site visit was carried out on March 25 and 26, 2019 according to the previously agreed schedule. Representatives from the head office of AHPGS accompanied the expert group.

The expert group met on March 24, 2019 for preliminary talks prior to the onsite visit. They discussed the submitted application documents and the results of the written evaluation as well as the uprising questions. Furthermore, they prepared the plan of the on-site visit at the University.

In the course of the on-site visit, experts conducted discussions with the University management (rector of the University, vice rector for development and quality, vice rector for educational and academic affairs), the dean, the vice dean for educational and academic affairs, the vice dean for quality and post-graduate studies, the vice dean of the female section, the departments chairmen and the teaching staff of the programs as well as with the male and female students currently studying in the programs and graduates. Furthermore, they inspected the learning premises, such as lecture halls, seminar rooms, library, and computer rooms. Moreover, the experts had the opportunity to see the equipment and the capacity of the laboratories at the male and female campus.

In the course of the on-site visit, the University submitted the following additional documents as requested by the experts:

- List of publications by staff of the Biomedical Technology Department
- List of publications by staff of the Radiology and Medical Imaging Department
- List of publications by staff of the Physical Therapy and Health Rehabilitation Department

The expert report is structured according to the "Accreditation Criteria for International Program Accreditation" which are in compliance with the "Standards and Guidelines for Quality Assurance in the European Higher Education Area" (ESG), established by the European Association for Quality Assurance in Higher Education (ENQA). The study program will be described and analyzed in a comprehensive manner below. The documents submitted by the University, the experts' feedback to the documents, the observations made during the on-site visit, the results of discussions with the representatives of the University, the

College and the departments serve as the bases for the statements made in the expert report.

#### 3.3.1 Program aims and their implementation

The University itself has set the mission to train highly qualified graduates by providing education that aligns with international standards in an academic and research environment of effective community partnership and supportive administrative structure. The program's aim is to qualify graduates to be able to compete locally and internationally in the fields of professional medical sciences, and enable them to conduct distinguished scientific research in the fields of applied medical sciences. In the experts' opinion, the University provides optimal capacities of human and technical resources. The University states that the aim is to develop the regional education and, thus, avoid the immigration of young and qualified people to bigger cities. In accordance with the mission of the University, the "Physical Therapy and Health Rehabilitation" program has been implemented in 2008 in order to meet the need for professional physical therapists.

The Bachelor program "Physical Therapy and Health Rehabilitation" pursues specific qualification objectives. The program's goal is to prepare individuals who fulfill their professional obligation to contribute to the health needs of the society through education, scholarly activities, service and professional practice. The students shall be able to work as qualified physical therapists in public and private hospitals, primary health care centers or rehabilitation centers. Furthermore, they can continue their studies at foreign universities. Currently, there are 50 students of the Prince Sattam Bin Abdulaziz University studying in different regions of the world, e.g. Britain, USA, Australia and Canada and completing their doctoral studies.

The learning objectives of the "Physical Therapy and Health Rehabilitation" program are based on the National Qualification Framework (NWF) of the Kingdom of Saudi Arabia and are categorized in Knowledge Skills; Cognitive Skills; Interpersonal Skills and Responsibility; Communication, Information Technology and Numerical Skills and Psychomotor Skills. According to the University, the institutional accreditation by NCAAA will be done this year.

The experts confirm that the study program focuses on specific qualification objectives. These objectives cover professional and interdisciplinary aspects and particularly refer to the domain of academic competencies, competencies

necessary for a qualified employment, skills of social commitment and personal development. However, the experts recommend to implement more evidence-based learning during the program as evidence-based physiotherapy is an emerging and increasing theme in rehabilitation and physiotherapy. To ensure that the graduates are equipped with the required competencies, the experts recommend to use the competency framework for physicians (CanMed) as an orientation.

Up to now, out of the 258 graduates of the "Physical Therapy and Health Rehabilitation" program, 194 have been employed and seven graduates enrolled in a Master degree program.

From the experts' point of view, the requirements of this criterion are fulfilled.

#### 3.3.2 Structure of the study program

The Bachelor study program "Physical Therapy and Health Rehabilitation" is a full-time study program with a regular duration of 4.5 years (nine semesters) plus internship (two semesters). The program curriculum consists of 56 courses, out of which ten are to be taken in a preparatory year. This study period is followed by a non-credit-bearing but obligatory one-year internship. Hence, students require 5.5. calendar years to fully complete the program cycle.

The first year, also called the preparatory year, is common to all medical and allied health sciences programs at the University. Passing the first year is a prerequisite for being admitted to the study programs. In the third to the fifth semester, the students study at the College of Applied Medical Sciences and take some courses at the College of Education, but under the supervision of the Department of Physical Therapy and Health Rehabilitation. In semester six to nine, the students study solely under the supervision of the Department of Physical Therapy and Health Rehabilitation.

The Health Sciences' Preparatory Year contains English language skills, Arabic language skills and communication skills, as well as basic sciences courses in biology, chemistry, medical physics and medical foundation in order to reinforce skills and knowledge to provide a strong basis upon which to build the study of "Physical Therapy and Health Rehabilitation". Courses in computer skills and Islamic culture are also part of the Preparatory Year.

Being admitted to the Department of Physical Therapy and Health Rehabilitation (see Criterion 3), students start accumulating more program-specific knowledge for the remaining 3.5 years.

Thus, the experts conclude that students acquire specialized and program-specific knowledge as well as interdisciplinary knowledge and professional, methodological and general competences. However, from the experts' point of view a stronger focus on active exercises therapy with patients during the program is recommended.

Furthermore, the experts acknowledge the very detailed course files with its contents and aims, which allows a high level of transparency. In the experts' opinion, the structure of the curriculum seems to make the workload manageable. Nevertheless, the curriculum appears very detailed, consisting of a large number of more or less isolated courses and, therefore, a lot of examinations. Thus, the experts recommend to revise the module manual and suggest to combine some modules in order to reduce the number of examinations. Professional skills are gained through practical hours in the College's laboratories (see also Criterion 5). In addition, students gain experience in clinical practice in the internship year, which they complete in cooperating hospitals. During this year, students receive a comprehensive training in controlling, preventive maintenance and service of laboratories, imaging, exploration, and surgical equipment. Although comprising a one-year full-time workload, the final internship is not credit-bearing as it is not formally part of the study program but rather of the legal recognition/licensing process according Saudi Arabian health systems.

Expectations for students' qualifications and the structure of the internships are clearly defined in the "Internship Manual". The experts also appreciate that supervisors from both the University's side and the clinic are assigned to oversee students during their internship. To assure the quality of the practical skills of the students, a member of the faculty staff accompanies the students to the hospital and assures that the course specifications are fulfilled. Moreover, the hospitals encourage its staff members to participate in conferences to acquire the latest information and techniques. The University has collaborations with governmental, military and private hospitals in which the graduates mostly work after their internships. However, the internship can also take place in non-cooperating hospitals of Saudi Arabia. In this case, the University has implemented a logbook including the regulations, the curriculum, and evaluation forms, which the cooperating institutions have to adhere to. The hospitals are regularly

contacted by the University, i.e. an internship coordinator who follows up on the development of the students and has regular contact with the responsible staff members of the hospital. During the internship, the University drafts a contract for the students to ensure that they receive a salary and are treated as staff. The students have to reach 70% in the evaluation form filled by the internship coordinator in order to pass. During the on-site visit, the students confirm that the University offers support in finding hospitals and during the internship.

The study program has a course-related examination system. Its implementation, including the grading system, course load regulations, repetition of courses and exams is regulated and transparent for the students.

From the expert's point of view, the requirements of the criterion are fulfilled.

#### 3.3.3 Admission and Feasibility

The admission policies and procedures along with the requirements are properly documented and made publicly available. However, they are currently only available in Arabic. Admission requirements include a Saudi Secondary School Certificate – Science Section (SSSCSS) or its equivalent which is not older than five years and an Aptitude Test Certificate (ATC) administered by the National Center for Assessment in Higher Education with a summed qualifying score of at least 75 %. Furthermore, the applicants must not have been dismissed from another university for disciplinary reasons. All newly admitted students are required to complete the Preparatory Year program before starting their undergraduate studies. Passing this year, students get an orientation and are approved to the study programs depending on their desire, available seats and their GPA. To be placed to the "Physical Therapy and Health Rehabilitation" study program, students must pass the Preparatory Year with a Grade Point Average (GPA) of at least 3.0 on a 5.0 scale.

As the Preparatory Year comprises medical foundations as well as basic knowledge in medical biology, chemistry and physics in order to compensate deficiencies from secondary school, the experts determine the admission procedure and requirements to be appropriate. They correspond to the standards of the study program.

The experts draw attention to the relatively high number of exams to be passed during the "Physical Therapy and Health Rehabilitation" program. In order to

prepare students for the level of difficulty and volume of exams, the type as well as the time of the different examinations is defined and communicated to the students transparently at the beginning of the course. The experts confirm that the University takes measures to guarantee the feasibility of the study program despite the high workload. As a whole, the organization of the education process ensures the successful implementation of the study program.

On site, it became obvious that the teaching staff follows an "open-door-policy". The students confirm the supportive and easy communication between staff and students and emphasize that the teaching staff adequately reacts to students' questions. Furthermore, in the first week of each year, students and instructors alike undergo an orientation which familiarizes them with available support services. An academic advisor is responsible for a small number of students from the beginning of each semester and students are supported through the academic counseling student unit with their registration process, selecting a study program, financial and personal issues and their performance during the semester.

The experts find the support services at the University to be exemplary and conducive to the health and success of the student body.

From the experts' point of view, the requirements of the criterion are fulfilled.

#### 3.3.4 Examination system and transparency

The University uses a continuous assessment process to ensure the quality of education for its students. This is achieved by evaluating the performance of the student through a series of exams and quizzes that are scheduled during the academic semester. Students in the "Physical Therapy and Health Rehabilitation" program are not required to write a Bachelor thesis but have to conduct a research project instead. Furthermore, the students are encouraged to write research papers and give presentations. The experts were told that some students already published their research papers. However, the experts recommend introducing research skills earlier in the course of studies and implementing a Bachelor thesis as final proof of academic competences.

In the experts' opinion, the study program includes a very high number of exams which causes a high workload not only for students but also for the teaching staff. Discussing the issue on site, staff as well as students are apparently satisfied with the exam procedures and see clear benefits in the current practice.

The transparent information of examination methods and of the examination schedule at the beginning of each term makes the great number of assessments during and at the end of each semester manageable. An examination can be repeated twice, if the students have special reasons, e.g. illness, they get a third chance to pass the exam.

Thus, the experts conclude that the examinations, although numerous, serve to determine whether the envisaged qualification objectives have been achieved or not. These examinations are focused on students' knowledge. To compensate the high workload through the great amount of exams, the experts recommend implementing a greater variety and flexibility in examination methods and focusing stronger on a competence-oriented examination design.

The requirements to students' performance in examinations are regulated and published. The frequency of examinations, as well as their organization, is appropriate.

Regarding students with disabilities and chronical illnesses, the experts highly recommend implementing compensation measures.

From the experts' point of view, the requirements of this criterion are fulfilled.

#### 3.3.5 Teaching staff and material equipment

In general, the "Physical Therapy and Health Rehabilitation" program is carried out by two professors, four associated professors, nine assistant professors, six lecturers and two teaching assistants. They are all employed on a full-time basis. Considering the total of 245 currently enrolled students in the "Physical Therapy and Health Rehabilitation" program, the student-to-faculty ratio is 1:10.

Regarding the employment process, the qualification and experience of the teaching staff is closely evaluated prior to the appointment decision. The experts are convinced that the instructors involved in the study programs reveal a high level of competency in the relevant field.

New teaching staff is thoroughly briefed about the program and their teaching responsibilities before they can start working. Students evaluate the performance of all teaching and other staff periodically.

Overall, the teaching and academic staff of the College of Applied Medical Sciences at the Prince Sattam Bin Abdulaziz University shows a very high level of commitment and potential for the execution as well as further development of

the study program they are responsible for. The experts group comes to the conclusion that there is a strong corporate identity and positive group dynamics among the University and the faculty administration.

The experts find the amount of human resources allocated to the program to be sufficient to carry out its functions. The teaching staff within the Bachelor program "Physical Therapy and Health Rehabilitation" is in possession of academic and technical credentials and experience adequate to their tasks. The University informs its employees about opportunities for personal and professional development transparently, and actively encourages their participation in workshops, training courses and conferences intended to further their ability which is confirmed during the talks with the staff on site. Still, the experts recommend implementing requirements in order to guarantee the didactic skills of new staff members and to encourage the staff at the Prince Sattam Bin Abdulaziz University to participate at the offered workshops to further improve their didactic methods.

During the on-site visit, the experts gained the impression that research is an important issue at Prince Sattam Bin Abdulaziz University. According to the University, there has been a high increase of publications and research during the last years. The College of Applied Medical Sciences encourages its staff to do research and supports them by decreasing the Credit Hours they have to teach. The University has an internal research fund for staff members and students, in order to award them for publications. Furthermore, the research qualification is an important issue for the hiring process. If a staff member wants to promote, they must be able to show various publications, depending on the level they intend to achieve. The staff is also encouraged to attend workshops to improve their scientific research skills. The experts were told that ISI indexed publications are already disclosed in different journals.

On-site, the experts were shown around the College of Applied Medical Sciences' premises at the female and the male campus. The male campus is located at the main campus of the College of Applied Medical Sciences, the female campus, called Aja campus, is currently located in a temporary building near to the male campus, with less equipment regarding the quantity and quality compared to the male campus. During the talks with the vice dean and the staff of the female College of Applied Medical Sciences, the experts were assured that the new building will be ready for use by the end of 2019. The new building is supposed to be completely equal in terms of the number of laboratories and

equipment as the male campus, which is regulated by contract. According to the vice dean of the female campus, there is an intense communication between the female and male staff regarding the equipment and overall progress at the new building. The female staff, especially the female vice dean, was strongly included in the planning of the building. Furthermore, there will be orientation courses for the female staff to be able to operate the new machines. The experts highly encourage the University to accelerate the finalization of the move into the new building, as it is absolutely necessary to the female college to be equally equipped in terms of quantity and quality of facilities and equipment.

At the male campus, the experts were impressed with the quality of the laboratories and clinical facilities used to train students in the "Physical Therapy and Health Rehabilitation" program. At the female campus the experts were especially impressed with the highly motivated staff and students, however, there were obvious differences regarding the quality and quantity of equipment and laboratories compared to the male campus, which need to be addressed. Furthermore, the experts recommend establishing a position which is responsible for the maintenance, operation and safety of the equipment in the laboratories to guarantee a smooth execution of the practical modules.

The College's library offers room for individual studies and provides the most basic literature as printed books. On-site, the experts were informed that the main part of specialized literature is provided through an impressive number of electronic books, supplemented by databases. As a whole, it was ascertained by the experts that the "Physical Therapy and Health Rehabilitation" program has ample teaching facilities at its disposal. The infrastructure and the equipment are suitable to guarantee teaching and research.

Overall, the experts conclude that the requirements of the criterion are fulfilled.

#### 3.3.6 Quality assurance

The University developed a strategic plan for 2012-2021, in which one objective is to develop a quality control system and criteria that enhance the university's outputs. To ensure the quality of the various study programs at the Prince Sattam Bin Abdulaziz University, the University strives to accredit all of its programs. Currently, 19 programs are accredited. Furthermore, the institutional accreditation carried out by the National Commission for Academic Accreditation and Assessment is planned for this year. From the experts' point of view, the University has a well-structured system of quality assurance spread across all

of its units. The University has established a quality assurance hierarchy which ranges from the vice rector of quality and development to the vice dean of quality and development to the head of the department to the coordinator of the program and then to the committees.

The Deanship of Quality and Development carries out internal and external quality assurance procedures on a cyclical basis, among them are course evaluations and student and teaching staff surveys. At the end of each semester, a course report is written and course specifications may be amended according to evaluation results. There are also regular university council meetings in which issues and needs of the departments are discussed. Students' workload is assessed and regulated through the Grade Point Average (GPA). Students with a GPA of 2.0 out of 5.0 are eligible to register up to 14 credit hours per semester, while those with a GPA of 4.5 or above are eligible for up to 20 credit hours per semester as a maximum.

The experts conclude that the University has a well-established, documented and published concept of quality assurance regarding the education process, teaching and research, which serves as the basis for the quality-oriented development and implementation of its study programs and, therefore, also for further development of the "Physical Therapy and Health Rehabilitation" program.

The results of the internal quality assurance management are used for the continuous development of the study program. In doing so, the University takes into close consideration the quality evaluation results as well as the analyses of students' workload, their academic accomplishments and feedback from graduates. The evaluation of the staff is done every semester in every course and has to reach at least 60 percent evaluated by the students. The experts acknowledge that the University implemented arrangements for student participation, such as student councils in every college and the student clubs in every department. The participation of the students is a very important issue at the University, it takes place in different advisory committees and student clubs in which topics are discussed every semester in regular meetings. The students on-site confirm that, also because of the good student-to-faculty ratio, the communication with the staff is well and problems are dealt with, even outside of the intended round of talks. The students appreciate that their evaluations have an impact, e.g. their feedback results in changes in the curriculum.

From the experts' point of view, the requirements of the criterion are fulfilled.

#### 3.3.7 Gender equality and equal opportunities

Overall, the University demonstrates its commitment to the provision of equal opportunities for all students, within the cultural boundaries of the local society, and shows openness for diversity and social developments. During the on-site visit, the experts were convinced that there is a regular exchange between the female and male staff. In addition to that, the University offers activities shared by male and female students and there are already some modules taught together, though only via virtual classes.

The experts acknowledge that female as much as male staff is encouraged to participate in workshops and national and international conferences.

However, as mentioned in Criterion 5, the quality of facilities and the availability of space is currently not equal. The experts highly recommend eliminating these differences along with the further development of the University's implementation and the planned new building for the female campus. The expert group encourages the University to exploit the full potential of communication possibilities between the male and the female campuses of the University in order to promote the exchange of experiences and ideas for the further development of the study program.

In order to enable every young Saudi with a secondary school certificate to attend higher education, the Kingdom of Saudi Arabia grants full scholarships to all female and male students.

Taking into account the societal norms and cultural context of the Kingdom of Saudi Arabia, the expert group concludes that the requirements of the criterion are met.

#### 3.4 Summary

The experts sum up that the overall impression of the Prince Sattam Bin Abdulaziz University is very positive. The University itself presents itself convincingly as an open-minded and dynamic institution, within the cultural boundaries of the local society, with willingness to import new ideas and recommendations for further enhancement. The experts find that the University strongly benefits from its dedicated, involved and interested Rector, who is aware of challenges but keen to pushing forward the University's development and enhancement. The University shows a strong commitment to social issues, to the development of societies by virtue of educating young professionals and to supporting well qualified students in every possible way.

The experts positively emphasize the fact that a new building of the College of Applied Medical Sciences for the female students is currently under construction and that the University is planning to build its own hospital in the near future.

A number of favorable characteristics and achievements of the study program "Physical Therapy and Health Rehabilitation" were demonstrated by the management of the University, the representatives of the college, those of the department as well as the student body, such as strong commitment to quality assurance. Moreover, the experts highlight the thorough and comprehensive curriculum of the study program. Hence, the objectives meet the requirements of the current job market of the Kingdom of Saudi Arabia.

Based on the information from the written document and the results of the onsite visit, the experts come to the conclusion that the study program "Physical Therapy and Health Rehabilitation" offered at the Prince Sattam Bin Abdulaziz University fulfills the above described criteria. Hence, the experts decided to submit a recommendation to the Accreditation Commission of the AHPGS for a positive decision regarding the accreditation of the study program.

For the continuous development of the study program, the experts have outlined the following recommendations:

 Research skills should be introduced earlier in the course of studies and a Bachelor thesis as a final proof of academic competencies should be implemented.

- Differences between the male and female campus should be eliminated and same standards and quality in equipment and facilities for male and female students should be assured along with the further development of the University's implementation.
- The module manual should be revised and the number of examinations should be reduced, e.g. through combination of modules.
- A greater variety and flexibility in examination methods should be implemented, thus, focusing more on the development of competencies.
- Compensation measures regarding students with disabilities and chronical illnesses should be implemented.
- Didactic abilities of the teaching staff should be ensured through mandatory participation in the offered workshops and trainings (e.g. didactic methods).
- Evidence-based physiotherapy and a stronger focus on active exercises therapy with patients should be implemented in the curriculum.
- The competency framework for physicians (CanMed) could be used as an orientation to further develop the study program.
- A position which is responsible for the maintenance, operation and safety
  of the equipment in the laboratories to guarantee a smooth execution of
  the practical modules should be established.
- The University should exploit the full potential of communication possibilities between the male and the female campuses in order to promote the exchange of experiences and ideas for the further development of the study program.

#### 4 Decision of the accreditation commission

## Prince Sattam Bin Abdulaziz University, Al Kharj, Saudi Arabia, Bachelor Study Program "Physical Therapy and Health Rehabilitation"

This resolution of the Accreditation Commission of the AHPGS is based on the University's application, as well as the expert review and the on-site visit covered in the expert report.

The on-site visit of the University took place on March 25-26, 2019, according to the previously agreed-upon schedule.

The accreditation decision is based on the Expert Report which is structured according to the Accreditation Criteria developed by the AHPGS. The Accreditation Criteria are developed by the AHPGS in close accordance with the existing criteria and requirements valid in the Federal Republic of Germany and based on the "Standards and Guidelines for Quality Assurance in the European Higher Education Area" (ESG), established by the European Association for Quality Assurance in Higher Education (ENQA).

The Accreditation Commission of the AHPGS discussed the procedural documents and the vote of the expert group of the University regarding the expert report.

The Accreditation Commission of the AHPGS considers that all Accreditation Criteria are fulfilled and adopts the following decision:

The study program requires the obtainment of 140 credit hours (CH) according to the University's credit hour system. The regulated study period in the program "Physical Therapy and Health Rehabilitation" are 4.5 years (9 semesters), including a Preparatory Year, followed by a non-credit bearing one-year clinical internship after completing the studies. The study program comprises 56 mandatory courses, of which 10 belong to the Preparatory Year, and 46 are compulsory. The main language of instruction is English. The Bachelor study program "Physical Therapy and Health Rehabilitation" is completed with the conferral of the academic degree "Bachelor of Physical Therapy".

The study program "Physical Therapy and Health Rehabilitation" is accredited for the duration of five years, until September 30, 2024.

For further development and enhancement of the study program, as well as of the University as a whole, the Accreditation Commission of the AHPGS supports the recommendations articulated in the expert report.