

Akkreditierungsagentur  
im Bereich Gesundheit und Soziales  
Accreditation Agency in Health and Social Sciences



## **Assessment Report**

**for the Application of the „Vasile Goldiș” Western University of Arad,  
Romania,  
Faculty of Social Sciences, Humanities and Physical Education and  
Sport,  
for the Accreditation of the Study Program  
“Physical Education and Sport” (Bachelor of Physical Education and  
Sport) at Arad**

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Decision

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## Table of Contents

<b>1</b>	<b>Introduction .....</b>	<b>4</b>
<b>2</b>	<b>The study program to be accredited.....</b>	<b>8</b>
<b>3</b>	<b>Expert Report.....</b>	<b>10</b>
<b>A.</b>	<b>Institutional Capacity .....</b>	<b>11</b>
A.1.	Institutional, administrative and management structures.....	11
A.2.	Material resources and infrastructure .....	14
<b>B.</b>	<b>Educational Effectiveness .....</b>	<b>14</b>
B.1.	Content of the study program .....	14
B.2.	Learning outcomes.....	19
B.3.	Scientific research activity .....	20
B.4.	Financial activity.....	21
<b>C.</b>	<b>Quality Management.....</b>	<b>21</b>
C.1.	Quality assurance strategies and procedures .....	21
C.2.	Procedures on the periodical initiation, monitoring and revision of the programs and activities carried out .....	22
C.3.	Objective and transparent procedures of learning results evaluation .....	23
C.4.	Periodical evaluation procedures of teaching staff quality .....	24
C.5.	Learning resources accessibility.....	25
C.6.	Systematically updated database, regarding the internal quality assurance .....	26
C.7.	Transparency of public interest information concerning study programs	26
C.8.	Functionality of education quality assurance structures, according to the law .....	27
<b>4</b>	<b>Evaluation Summary .....</b>	<b>28</b>
<b>5</b>	<b>Decision of the accreditation commission .....</b>	<b>30</b>

## 1 Introduction

Study programs in Romania require authorization for provisional functioning, as established by Law no. 87 of 2006, which approved the Emergency Decree no. 75 of 2005. The Romanian Ministry of Education, Research, Youth and Sport is responsible for authorizing provisional functioning of study programs. According to the Law of National Education no.1 of 2011 (hereinafter “Law of National Education”) Art. 150, Par. 1, the decision of whether to grant authorization is contingent upon the evaluation and subsequent recommendation of the study program by an external quality assurance agency registered in the European Quality Assurance Register (EQAR).

After authorization for provisional functioning has been granted by the Romanian Ministry, the applicant higher education institution may enroll students in the respective study program. Following the successful graduation of three subsequent cohorts (taking approximately five years for three-year study programs), the higher education institution must submit its application for accreditation. The accreditation procedure is similar to that for authorization for provisional functioning: an external evaluation by an EQAR-listed quality assurance agency, takes place on the basis of which the Government decides whether to accredit the study program.

The AHPGS Accreditation Agency was tasked with the periodical evaluation of Bachelor study programs offered by the Vasile Goldiș Western University, Arad, Romania in April 2022.

In November 2022, to the experts were forwarded the relevant documents for the evaluation of the program and to review the available information, determine particular strengths and weaknesses, and identify any open questions regarding the study programs in writing.

The on-site visit of the University took place on December 14<sup>th</sup> and 15<sup>th</sup>, 2022. During the on-site visit, experts conducted discussions with the University management, representatives of the faculties, the teaching staff of the programs as well as with students currently studying in the programs. Furthermore, they inspected the learning premises, such as lecture halls, seminar rooms, classrooms, library, and computer classes. Moreover, experts had the opportunity to see the equipment and the capacity of the laboratories and to attend a lecture.

The following four Bachelor study programs were subjects of the periodical evaluation procedure:

**Faculty of Social Sciences, Humanities and Physical Education and Sport:**

- “Applied Modern Languages (two foreign languages from: English, French and German)”,
- “Physical Education and Sport”.

**Faculty of Medicine:**

- “Biology”,
- “Balneo-Physio-Kinesiotherapy and Recovery”.

The Accreditation Commission of the AHPGS nominated the following experts to conduct the on-site visit:

**As representatives of academic institutions:**

**Prof. Dr. Jochen Baier**

**University of Education Schwäbisch Gmünd, Germany**

Professor for English Literature and its Didactics

Head of English Department

Coach for body language

***Prof. Dr. Arne Güllich<sup>1</sup>***

**Technical University Kaiserslautern, Germany**

Professor of Sports Science

Director of the Institute of Applied Sports Science

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**Gottfried Wilhelm Leibniz University Hannover, Germany**

Professor for Botany

Chairman of the Biotechnology Chapter, German Association of Engineers, BV

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<sup>1</sup>The experts shown in italics did not participate in the on-site visit of the University.

<sup>2</sup>The experts shown in italics did not participate in the on-site visit of the University.

**Mr. Arno Luis Fischer**

**East Bavarian Technical University Regensburg, Germany**

Student of Physiotherapy

**Prof. Dr. Hans-Jörg Jacobsen**

**Gottfried Wilhelm Leibniz University Hannover, Germany**

Formerly: Professor and Head of the Department of Plant Biotechnology at the Institute of Plant Genetics

President of the German Association of Biologists (vdbiol)

Chairman of the Society for Plant Biotechnology

Chairman of the German Conference of Biological Faculties

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**Catholic University of Applied Science Freiburg, Germany**

Formerly: Professor for Management and Formation

President and CEO

**Prof. Dr. Mieke Wasner**

**SRH University of Applied Science Heidelberg, Germany**

Professor for Physiotherapy

Dean of the Faculty of Therapy Sciences at the SRH University Heidelberg

Head of the steering group of the SRH Therapy Network

Formerly Member of the Executive Board of University Association of Health Professions

The proceedings of the process of accreditation conform to the European Standards and Guidelines for Quality Assurance in the European Higher Education Area (ESG) as well as to the Art. 150 of Romania's Law no. 1 of National Education 2011; the Quality Evaluation Activities Guide for University Study Programs and for Higher Education Institutions: Part 1 Study Programs Accreditation External Evaluation Guide, and the Methodology for External Evaluation,

Standards, Standards of Reference, and List of Performance Indicators of the Romanian Agency for Quality Assurance in Higher Education ("Methodology").

The expert group surveyed the proper implementation of the criteria, standards and performance indicators, as specified in the above-mentioned legal texts as well as the compliance of the program with the normative criteria, as stated in the "Methodology".

The documents submitted by the University, the experts' feedback to the documents, the observations made during the on-site visit, the results of discussions with the representatives of the University serve as the basis for the statements made in the expert report. Since the expert report investigates the fulfillment of the standards and criteria specified in the "Methodology", the structure of the expert report follows the logical succession of these criteria, as they are formulated in the document.

The following fields of activity pertaining to the program and the University were assessed by the expert group with respect to the corresponding criteria and standards: (A) Institutional capacity, (B) Educational effectiveness, and (C) Quality management, each with the corresponding criteria and standards.

## 2 The study program to be accredited

The study program "Physical Education and Sport" is offered by „Vasile Goldiș" Western University of Arad, Romania Faculty of Social Sciences, Humanities and Physical Education and Sport. The period of education is six semesters (three years).

The program is taught in Romanian. The study program Physical Education and Sport aims at providing a high-quality training of specialists in the physical education and sports field, through an alignment of the performances of the higher sportive education to the European and international standards. The general competences targeted by the organization of this Bachelor degree program are: Knowing, understanding, and using the language specific to physical education and sports at international level. The critical reflection and the capacity to assess actual situations in the form of value judgments. Developing team working skills.

Possible occupations for the graduates, according to COR (the Classifications of Occupations in Romania) are: Physical Education and Sport teacher, manager of sportive facilities, trainer for sportive association/federation, president sportive federation, president sportive club/association (SER 1.4.1).

180 credit points (CP), i.e. 30 CP per semester, according to the European Credit Transfer System (ECTS) are required in order to graduate from the program. One CP is equivalent to 25 workload hours.

The total workload of the program constitutes 4,500 hours, of which 2,144 are contact hours, 862 are teaching hours, 1,282 are practical activities, 120 hours are internship hours, 56 hours are preparation of the thesis and 36 hours are individual study hours. To the total amount of 180 CP, another 20 CP are virtually added for the thesis (*see B.1 in detail*).

The program consists of 47 modules, out of which 41 are mandatory. Six modules are optional (out of twelve). The mandatory modules are in accordance with the standards of A.R.A.C.I.S. The students opt for only one of the optional modules per semester and they can choose the facultative modules that widen their knowledge.

Admission requirements are centralized within the University. The process includes two steps. The first one is an eliminatory exam testing physical



capacities of the candidates. The successful candidates will be admitted to the second stage of the examination. In this second phase, the admission is made according to the weighted average between the average grade of the Baccalaureate exam (80 %) and the grade of the test of Romanian Language and Literature (written test) of the Baccalaureate exam (20 %) within the margins of the approved Physical Numerus Clausus for the academic year of 2021–2022. Students are informed about the amount of the tuition fees in advance. The tuition fees are around 3,850 RON per year.

Upon graduation, students are awarded a Bachelor graduation diploma (Diploma de Licenta, cf. Law of National Education no. 1 from 2011), as well as a Diploma Supplement, composed in both Romanian and English. Graduates of the Bachelor study program “Physical Education and Sport” are awarded the academic degree “Bachelor of Physical Education and Sport”.

The experts take note that the formal requirements of the study program are in accordance with the national Romanian requirements.

The first cohort of the “Physical Education and Sport” study program was admitted in 2003/2004. The program has been periodically evaluated ever since, with the last evaluation taking place in 2017.

In the academic year 2022/2023, the total number of students enrolled is 46. In the academic year 2021/2022, the University comprised a total number of 4,781 enrolled students. Annual admission is organized in September.

The University with its Administration Board confirms in a formal declaration that it is prepared and able to provide the financial support necessary for the effective functioning of the program in conditions that correspond to the standards of the Romanian program of studies.

### **3 Expert Report**

In November 2022, the application documents of the University were made available to the expert group for written evaluation. The expert group assessed the “Physical Education and Sport” study program based on the Romanian standards and regulations specified under Section 1. They have also examined the factual and other program-related aspects described in the documents. The results of this review were forwarded to the AHPGS in December 2022.

Based on the written evaluation of each expert and the on-site visit, the expert group jointly agreed upon an expert report.

## **A. Institutional Capacity**

### **A.1. Institutional, administrative and management structures**

„Vasile Goldiș” Western University of Arad achieved institutional establishment by the Law no. 240 of 20 April 2002. In April 2009, the University was certified by the Romanian Agency for Quality Assurance in Higher Education (ARACIS). Based on that, it is assured that the University meets the requirements set by the national Romanian Quality Assurance Agency for Higher Education.

Currently, the University has six faculties: Faculty of Medicine; Faculty of Pharmacy; Faculty of Dentistry; Faculty of Economic Sciences, Computer Science and Engineering; Faculty of Social Sciences, Humanities and Physical Education and Sports; and Faculty of Juridical Sciences. The University is also comprised of an Institution Organizing Doctoral Studies (IODS) with two doctoral schools of Biology and Medicine. There are 40 Bachelor degree programs and 17 Master degree programs offered by the University. The study programs are offered, in addition to the campus in Arad, in the cities of Sebis, Satu Mare, Baia Mare, Zalau and Marghita. The Bachelor study program “Physical Education and Sport” is offered in Arad.

During the on-site visit, the expert group assessed the compatibility of the written documentation and the University’s mission and objectives. Based on the information obtained during the on-site visit as well as the information provided in the written documentation, the experts have determined that the main objective of the University is to offer a variety of higher education study programs which meet the needs of the Romanian labor market. With reference to the written documents, in particular the self-evaluation report, the experts note the high number of pages. For future self-evaluation reports, the experts recommend a concise and precise summary on 30 instead of 60 pages.

The experts discern that there is a good regional focus. One of the main tasks of the University is to contribute to the social and cultural life of the local community of Arad. Missions and objectives are clearly stated, and the institution supports the program and staff in line with the aims and objectives of the program and common standards of integrity (e.g., see “University Charter”).

The expert group has been convinced of the University’s commitment – as an institution – to offer high quality education opportunities. It was asserted that the University and its study programs function within the Romanian legal

framework and that the institution promotes academic integrity and freedom among its students. Besides, the University regularly monitors its own activities, and students take an active part in management. Moreover, the needs of students with disabilities are taken into consideration (e.g., admission, exam requirements).

Internal assessment and audit processes take place in order to monitor the achievement of the objectives of the University. The experts have observed an active collaboration between the administrative and teaching structures. Moreover, they have identified a clear division of the hierarchical units and their functions in the University. All members of the University are aware of the strategy of the institution, and they actively contribute to the achievement of its goals.

With regard to the administrative structure concerning the collaboration between the department, faculty, and University units, the experts encourage the University to look for common interests and to combine forces and resources. This will also help to facilitate the coordination of research activities.

Over the last years, "Vasile Goldiș" Western University of Arad became a member of various associations: the Association of European Universities - (EUA), the Association of Danubian Universities (DRC), the Association of Carpathian Universities (ACRU), the Magna Charta Observatory conference, the International Association of University Presidents (IAUP), Salzburg Academy of Sciences and Arts, Austria, EURAS (Union of Eurasian Universities (EURAS) etc.), holding the Vice-Presidency FEDE – European Federation of Schools, participatory body of the Council of Europe. The University currently has more than 50 ongoing collaboration agreements with universities in Europe (Austria, Croatia, France, Germany, Italy, Moldova, Russia, Serbia, Slovakia, Spain, Sweden, Turkey, Ukraine, Hungary), Asia and the Middle East (China, Taiwan, Iraq, Jordan), Africa (Egypt) and America (USA).

Regarding the internationality, the experts took notice of the measures put in place by the University in order to pursue its international orientation. The University achieves mobility of its students by means of the European Credit Transfer System (ECTS) as well as taking part in Erasmus exchange programs. During the last accreditation period, no student of the study program took advantage of a full semester abroad. The University states that most of the students are active in different sport team, which restricts their capacity to travel abroad for

long periods of time. However, due to their sportive activities, at least ten of them have and are collaborating with international sportive associations and are involved in international partnerships, determining specific mobility abroad, for training in their sportive field. A few examples from current events abroad are:

- World Championship of Powerlifting Seniors 14-19.11.2022, Viborg, Denmark, category + 120 kg
- European Championship of Powerlifting Seniors 2-7.05.2023, Denmark, category + 120kg
- World Championship of Kempo, 9-14.05.2022, Hammamet-Tunisia Seniors, category + 95 kg
- European Championship of Kempo, 24-30.10.2022, Antalya-Turkey, Seniors, category + 95 kg
- World Championship of Kempo, 9-14.05.2022, Hammamet-Tunisia Seniors, category + 95 kg
- European Championship of Kempo, 24-30.10.2022, Antalya-Turkey, Seniors, category + 95 kg

The University endeavors to support its students in the implementation of a stay abroad. The service of the Erasmus Office is available for students for this purpose. During the pandemic, student mobility has decreased worldwide. The University evaluates the various backgrounds for the low number of stays abroad. In addition to financial reasons, many of the students work or have families. The experts acknowledge the University's efforts to support the students. They recommend to expand the internationalization and find creative ways how the stays abroad of students and teachers can be financially better supported or how an internationalization at home can be established.

The University further expanded its activities and the number of collaborations is steadily increasing. The experts perceive the development of the University very positively. The experts recommend expanding its possibilities in going abroad through short-term stays. Shorter periods abroad, for example within the scope of an internship or summer school, could be more attractive and easier to finance for students. Furthermore, the experts recommend finding creative ways of internationalization, for example internationalization from home or online conferences, to include their students in the international scientific community.

In addition to the above-mentioned facts, the experts gave the University's active involvement in the social structures of the region of Arad and in other nearby areas a particularly positive assessment. It was clearly emphasized that

the stakeholders of the University, particularly the city of Arad, recognize that the University plays an integral and essential role in the development of the whole region. Therefore, they provide the University with a high amount of support and assistance.

The program "Physical Education and Sport" is offered in Romanian.

The experts recognize the possibilities for further development in the strategic alignment of the Faculty and the University in general.

Taking these facts into account, the expert group regards criterion A.1 as fulfilled.

## **A.2. Material resources and infrastructure**

Overall, the experts recognize that the University has sufficient material and financial resources with regard to the study programs currently being offered. Facilities are fully in possession of the University.

The experts had the chance to see the facilities within the University, such as the library and lecture halls. The lecture halls and seminar rooms are well-equipped for teaching and learning processes (e.g. computers). In addition, students are given access to laboratories for movement analysis, physiology, psychology, through cooperation with the surrounding sports high schools.

With regard to the aspect of financing, the experts recognize that the University, whose main source of funding is students' tuition fees, is quite restricted in terms of finding new financial sources. Due to the demographic changes in Romania, the number of students will probably decrease further in the next years. To compensate the lower number of students and therefore the possible financial losses, new means of funding should be sought. The experts recommend expanding the search for additional funding sources, such as support from the local authorities, national foundations, sponsorships from companies or private donors/alumni.

The expert group considers Criterion A.2 to be fulfilled.

## **B. Educational Effectiveness**

### **B.1. Content of the study program**

The study program "Physical Education and Sport" at Arad (Bachelor of Science Physical Education and Sport) is offered at the Faculty of Social Sciences,

Humanities and Physical Education. The study program's mission, general and specific learning objectives, curriculum and outcome competences were presented in the written documentation. The curriculum description specifies the qualification objectives, competences (knowledge and understanding, explanation and interpretation etc.) and learning outcomes for each module. The experts point out that the structure of the study program includes a set of relevant topics.

The Bachelor study program "Physical Education and Sport" aims at providing a high-quality training of specialists in the physical education and sports field, through an alignment of the performances of the higher sportive education to the European and international standards. The study disciplines provided by the education plan have a logical sequence, starting from the fundamental disciplines, continuing with specialty disciplines and, as applicable, with complementary disciplines.

The general competences targeted by the organization of the Bachelor degree program are as follows:

- Knowing, understanding, and using the language specific to physical education and sports at international level.
- The critical reflection and the capacity to assess actual situations in the form of value judgments.
- Developing team working skills.

The specialty competences intended to be developed through the Bachelor degree program are as follows:

- Developing the capacity to organize the integrated curricula and the training and learning environment with an interdisciplinary focus (Physical and Sports Education, Sport and Motor Performance, Kinesiology and Special Motor Skills).
- The assessment of physical growth and development and motor quality according to specific physical education and sports requirements/goals, attitude towards independent exercise.
- Describe and demonstrate the operational systems specific to physical education and sports by age groups.
- Using management and marketing elements specific to the field.

Judging from the curriculum and module descriptions, students completing the program are fit for a professional position in Romania. According to COR (the

Classification of Occupations in Romania) the University lists the following career opportunities for graduates: Physical Education and Sport teacher, manager of sportive facilities, trainer for sportive association/federation, president sportive federation, president sportive club/association. Socio-professional integration of students and graduates (regular meetings between students and entrepreneurs) is a goal of the University. One of the methods preferred by employers in Romania to look for new sources of talents is the partnership with the educational institutions for the creation of educational programs that should meet their needs. To that end, the relations between the Faculty of Social Sciences, Humanities and Physical Education and Sport and sportive institutions and organizations in the country have been intensified. Among others, the partners are: The Sportive High School Arad, The Association of Physical Education and Sport Teachers, Children's Palace Arad, Sansaschimbarii Association, Eben Ezer Moldovan, Humanitarian Association, Center for Inclusive Education, Electric Fun Ltd., Social Services Directorate Arad, The General Directorate for Social Services and Child Protection, The European Parliamentary Office Gheorghe Falca (SER 1.4.1).

The experts agree with the above-mentioned qualification objectives. Moreover, the study program "Physical Education and Sport" also focuses on qualifying students for social responsibility and personal development throughout all modules. The experts conclude that graduates have good employment opportunities on the Romanian job market.

The curriculum of the study program "Physical Education and Sport" comprises mandatory, optional and facultative subjects. Mandatory and optional subjects are an obligatory part of the curriculum. The program consists of 47 modules, out of which 41 are mandatory. Six modules are optional (out of twelve). The mandatory modules are in accordance with the standards of A.R.A.C.I.S. The students opt for only one of the optional modules per semester and they can choose the facultative modules that widen their knowledge. Out of the 180 mandatory CP in the three years of study, 167 ECTS credits (90.73 %) are given for the mandatory modules and 13 ECTS credits (9.27 %) for the optional modules.

The program is also well-structured; modules are described in detail (e.g. with objectives, aimed competences, content and literature) and the program is relevant as the intended career is clear. The experts recommend that the



University supplement the obligatory and recommended literature with international research literature.

The curriculum provides four mandatory internships and practical applications of 162 hours during each year, for which twelve ECTS credits are given. For the proper functioning of the internship periods, the University and the Faculty of Social Sciences, Humanities, Physical Education and Sport hold collaboration conventions with the internship units, stating the place and the period of performance of the internship, the modality of organizing and guiding, the persons responsible from the two institutions involved. The internship evaluation is made through a colloquium and the grade scale goes from ten to one. The student gets credits for the internship activity according to the education plan for passing the colloquium. The experts take note of the cooperation agreements and come to the conclusion that the University carefully selects its cooperation partners. It became sufficiently clear that the University strives to offer the same quality of practical training for all students at various cooperation partners.

The expert group also points out that research elements are integrated in some modules (e.g. module: "Research methods in sport science and physical education" four CP). In preparation of the Bachelor thesis, the students have to take part in the module "Internship to prepare and write the Bachelor Thesis" (two CP). Furthermore, the scientific research activity is mainly carried out by the teachers within the Faculty. In addition, students are involved in research activities conducted by teachers. Nevertheless, the experts recommend integrating the students further in the research of their teachers and also integrate the research into the curriculum of the study program.

The credit system applied in the "Physical Education and Sport" study program and at the University in general complies with the Order of the Romanian Ministry of Education no.3617/2005 on the generalized application of the European Credit Transfer System.

The study program "Physical Education and Sport" contains 180 ECTS credits. The Bachelor thesis is credited with an additional 20 credits (Exam I – Assessment of Basic a Specialist Knowledge ten CP, Exam II – Presentation and Defense of the Bachelor Thesis, ten CP). The curriculum comprises 47 modules. The study program is offered on a full-time basis only (six semesters in three years). The total workload of the program constitutes 4,500 hours, of which 2,144 are contact hours, 862 are teaching hours, 1,282 are practical activities,

120 hours are internship hours, 56 hours are preparation of the thesis and 36 hours are individual study hours. To the total amount of 180 CP, another 20 CP are virtually added for the thesis. In talks with the University, it became clear for the experts that there is a limited flexibility in the contents of the curriculum due to national regulations. However, the experts encourage the University to use the flexibility to adapt the curriculum to current developments. The experts recommend using the potential of interdisciplinary cooperation between the study areas. Students would also benefit from interdisciplinary modules.

Furthermore, the expert group refers to the wide range of voluntary activities outside the curriculum (e.g. the Science club). They recommend integrating these activities into the curriculum as much as possible. To this end, redundancies could be avoided in the module handbooks.

Due to the high number of modules (often credited with less than five CP) the workload for students is seemingly relatively high. The student workload should continue to be evaluated on a regular basis in order to make sure that students are not overloaded, e.g. with examinations. Besides, the implementation of evaluation results to improve the study programs should be clearly documented.

The graduation examination consists of writing the Bachelor thesis and passing the written Bachelor exam according to the *Methodology on the Organisation and Development of the Bachelor / diploma and dissertation exams*. Students are given a cumulative grade based on their performance in the two parts of the Bachelor exam. The 20 CP for the graduation examination are awarded on top of the 180 CP awarded for the study program upon successful completion of all mandatory modules. From the experts' point of view, the thesis is an obligatory part of the curriculum. Thus, the final thesis should be part of the official workload of the study program. Nevertheless, the experts acknowledge that the addition is a singularity in Romania due to the National Law.

The expert group evaluates the fundamental structure of the study program to be coherent and reasonable. The course content and examinations are considered to be feasible and capable of being accomplished within the envisaged period of time.

The study program is aimed primarily at the needs and the labor market of the Arad region and the surrounding counties.

The admission procedures in the program are determined by the *Methodology on the Organisation and Development of the Admission at the Bachelor, Master, Doctoral and Lifelong Training Studies* on the University level. Based on that, the experts confirm that the University applies a transparent policy regarding the admission procedure. The study program's admission requirements include a high school diploma or equivalent.

From the experts' point of view, the admission procedure of the program complies with the requirements of the University as well as with national standards. The experts point out that the admission procedure provides equal opportunities to all applicants regardless of gender, origin or social class.

Based on the described conclusions, the expert group considers Criterion B.1 to be fulfilled.

## **B.2. Learning outcomes**

From the experts' point of view, the study program can be successfully classified within the Romanian higher education system. The final qualification responds to the demands of the national labor market. The knowledge, competencies and abilities gained throughout the study program correspond to the final academic degree to be awarded. The teaching and didactic methods are student-oriented.

According to the University, the main responsibility of each course instructor is to apply student-centered methods of teaching and to create a productive learning environment. Furthermore, course instructors are responsible for the development of students' degree specific as well as general competences, which are specified in the course descriptions provided by the University.

The educational concept of the study program is coherent and well-designed. The distribution of direct contact, indirect contact and individual study hours is well-balanced. Within the modules, adequate forms of teaching (e.g. lectures, seminars, practical work, tutorials) are employed.

Electronic/multimedia forms of instruction and learning (e.g. learning platform) are integrated into the methods of teaching (lectures, seminars, exercises, project work, study groups, work placement phases). During the pandemic, the University has developed two platforms (moodle e-learning and Google Classroom), so that the teaching activity is carried out in optimal conditions.

The expert group thinks that employability is given for graduates of this program. They conclude that this positive outcome and development stems on the one hand from the dedicated academic staff, and on the other hand also from the open atmosphere and communication at the University.

The expert group considers criterion B.2 to be fulfilled.

### **B.3. Scientific research activity**

The research activity within the Faculty's department is diversified and reflects a wide range of scientific concerns and interests of the teachers. Student research activities also takes place in the context of the annual Academic Days of Arad, organized by the University, during which students present scientific papers with the help of their teachers. Additionally, teachers and students regularly take part in national and international scientific conferences.

In the academic year 2021/2022 the University organized a workshop called "Doping in Sport – Unknown Territory." It was an interdisciplinary event that brought together teachers and students from the medical, pharmacological, and physical education and sports fields. This event was organized by the University in collaboration with the Association of Physical Education and Sport Teachers Arad. It benefited from the participation of SorinValeanu – doping control officer for several international sport associations.

The students from the Physical Education and Sport specialization were supported to participate with research topics in student scientific events in the country and with individual research projects. From the expert's point of view, the University is involved in webinars and international online conferences. The expert group was able to assert that there were sufficient financial and material resources for promoting research activity. In order to promote research at the University and to support professors in research, the experts recommend setting up a unit that scans calls for proposals for research projects, informs them continuously and supports the professors in the application and administrative processes.

Considering these observations, the expert group regards criterion B.3. as fulfilled.

#### **B.4. Financial activity**

Currently, the University holds and receives revenue for running study programs. Nevertheless, it could also be helpful for a sustainable financing to look for other financial options besides levying tuition fees on students (e.g. sponsoring, research, further education; *see also A.2*).

The University has confirmed in a formal declaration that they are prepared and able to progressively ensure, for all years of study, the financial support necessary for the program to function in conditions that correspond to the standards of the Romanian program of studies.

Criterion B.4 is regarded as fulfilled.

### **C. Quality Management**

#### **C.1. Quality assurance strategies and procedures**

The University has developed an elaborate quality assurance system implemented by means of corresponding evaluation procedures. The University presented its quality assurance system in the written documents.

The quality assurance system of the University consists of the following units: Commission for Quality Evaluation and Assurance (CEAC), the Commissions for Quality Assurance in the Faculty, the Vice-Rector for Strategy and Quality Management and the Department for Quality Assurance (DAC). Members of the Commission for Quality Evaluation and Assurance and of the Department for Quality Assurance are approved by the University Senate. The function of the DAC is to monitor the entire teaching activity of the program as well as of examination sessions.

Regarding the transparency of the quality assurance policies and developments, the University issues an annual "Internal Evaluation Report". After approval by the University Senate, the report is published on the official website of the University at the end of each academic year.

Evaluation process of the teaching staff takes into account individual level of expertise, potential in scientific research, teaching skills and abilities, achieved professional prestige, and international recognition. Evaluation of teachers is based on their self-evaluation reports, peer assessment by colleagues, and students' evaluation. It is conducted annually, whereas students' feedback is done every six months. This assessment of the teaching staff by students is

implemented at the University as a quality assurance tool aimed at the improvement of the content and methods of teaching at the faculty.

The University has an internal quality management system. Students take part in the quality management system; they are required to fulfil course evaluations and provide feedback to the teaching performance. The level of students' satisfaction with their studies and the relevance of the study program to its practical implementation are evaluated at the University by means of assessment questionnaires. On site, the students describe the effects of their feedback, which is highly appreciated by the University. The University maintains communication with external stakeholders as well as its graduates with the help of the Alumni Association.

The experts highlight that students as well as teaching staff evaluate the curriculum of the Bachelor study program "Physical Education and Sport".

During the visit and the discussions with the responsible people, it became obvious that the University's quality assurance system involves both teaching staff and students in the assessment of the teaching process, continuous evaluation of the courses, and monitoring and mentoring of students within the faculty. According to the experts, the University is on track to establish a comprehensive quality assurance culture.

With regard to the students' development of social responsibility and personal development in the course of studies, the University points out that it has its own University Ethics Code. The code lays down rules of conduct, ethics and deontology for all members of the academic community of the University.

Considering the thorough implementation of the quality assurance system and the active participation of all University members in quality assurance procedures, the expert group concludes that criterion C.1 is fulfilled.

## **C.2. Procedures on the periodical initiation, monitoring and revision of the programs and activities carried out**

The experts highlight that the quality management system is ensured by central and decentral commissions and a quality management department. The commissions act in accordance with the quality assurance strategy of the University. Moreover, a "Quality Manual" is approved by the Senate for each study year. Students assess all teaching staff regularly.

The University implements procedures of periodical revision and evaluation of the study programs offered. Hence, the teaching staff is required to conduct annual self-evaluations and peer-assessments; students evaluate the teaching process every six months.

The experts conclude that the study program is evaluated by different stakeholders on a regular basis by means of rational and effective methods.

The assessment of the teaching personnel is discussed in detail below, under criterion C.4.

The experts underline that the quality assurance system of the University enables productive application of the obtained teaching and learning evaluation results. This refers to the introduction of necessary corrective measures and better organization of the programs, as well as the improvement of teaching methods, envisaged in upcoming academic years.

Considering these facts, the experts conclude that criterion C.2 is fulfilled.

### **C.3. Objective and transparent procedures of learning results evaluation**

Based on students' evaluations, the teaching process and the learning outcomes undergo a constant optimization process. Additionally, the University has established clear examination rules and a structured process for dealing with exceptional cases. Furthermore, the form of examination and the learning outcomes are clearly specified for each module.

To qualify for the final examination of a module, students must have met all subject requirements, i.e., attendance, passing the ongoing assessments and practical works. These are presented to the students by the lecture coordinator in the first course lesson. There are 47 examinations in total: 31 are exams (65,95 %) and 13 are colloquia (27,65 %) and three mid-term exams (6,38 %). According to the standards of A.R.A.C.I.S., over 50 % of the verifications must be exams.

The final assessment in each course can be conducted in the form of a colloquium or an examination. Colloquiums are forms of oral examinations taken in, for example, optional courses.

Students' actions in case of appeal and re-examinations are well-defined and described in the regulations of the University. Hence, there are clear procedures

established for the above-mentioned examinations and students are informed of these procedures in advance. The main function of examinations conducted in the program is to objectively evaluate students' achievement of the specific learning outcomes.

The experts sum up that criteria and regulations about grading are present (see B.1 for details). The forms of examinations generally fit the competence aimed for by the study program and the modules. The evaluation of learning outcomes is, thus, appropriate.

Taking the above described facts into account, the expert group concludes that criterion C.3 is fulfilled.

#### **C.4. Periodical evaluation procedures of teaching staff quality**

The University has provided an overview about the teaching staff of the study program.

The study program "Physical Education and Sport" is provided with a total of 13 teachers. The teaching staff having the following distribution on didactic degrees: university professor (15.38 %), associated professor (23.07 %), lecturer (46.15 %) and assistant professor (15.38 %). The ratio between the number of members of the teaching staff and students is 1: 3.53 (13 teachers to 46 students).

The experts take note that all teaching positions are established in compliance with the requirements of legal norms and completed with tenured teaching staff in higher education in accordance with the Romanian law. The University states that selection of teaching staff is conducted according to the Law of National Education no.1/2011, and internal regulations, which are based on the principle of public contest.

Overall, the teaching and academic staff of the University shows a high level of commitment for the execution and further development of the study program. The expert group came to the conclusion that there is a strong corporate identity and positive group dynamics among the University and Faculty administrations.

Based on the written documentation and the observations during the on-site visit and rounds of talk, the experts concluded that the professional and academic qualifications are appropriate and sufficient for successful implementation of the program submitted for accreditation.



The teaching staff is periodically evaluated through both peer and anonymous student reviews. Student evaluations are performed at the end of each semester. The results of the reviews are discussed in the University Senate meetings. Following these meetings, students are informed about the results of the evaluations. Should a member of the teaching staff receive an unsatisfactory evaluation result, a course of actions will be implemented in order to eliminate the existing problems. Hence, the results are carefully monitored and the improvements are continuously observed.

The peer evaluation is carried out on objective criteria, performance, but also human interaction and is coordinated by the quality assurance representative of the department.

The self-evaluation is done by each teacher based on the "Annual Self-Evaluation Document", which includes evaluation criteria and performance indicators. The multi-criteria evaluation takes into account all the components of the academic activity. i.e., didactic activity, research activity, auxiliary activities associated with the quality of teacher. The self-evaluation is conducted annually, whereas students' feedback is done every six months.

Regarding measures for human resources development and qualification and opportunities for university didactic continuing education for instructors the University states that in accordance with the Ministry Order no. 4750/2019, Vasile Goldis Western University of Arad organizes postgraduate training and ongoing professional development programs according to the law.

Based on these facts, the expert group considers criterion C.4 to be fulfilled.

### **C.5. Learning resources accessibility**

During the on-site visit, the expert group had an opportunity to see the condition of study premises as well as learning resources. Overall, it was concluded that the University offers appropriate facilities in sufficient number and good quality for the execution of the study program "Physical Education and Sport". Students have access to the University library.

The University encourages students' learning processes by offering resources and opportunities for extracurricular activities. Moreover, the University offers various forms of academic support and counselling to students: consultations, tutorials and therapy. However, regarding infrastructure (e.g., wheelchair

accessible buildings, elevators), accessibility for people with a disability should be improved. Furthermore, the experts consider it appropriate to invest in the equipment of the Study Program “Physical Education and Sport” (e.g. software) also in order to further develop the attractiveness. In this context, the experts encourage the University in their efforts to develop an e-campus and to provide students with access to a public swimming pool to offer them training opportunities.

Furthermore, it has to be acknowledged that there are clear procedures concerning teaching staff training (“Organization and Functioning of the Teaching Staff Training Department” and “Organization and Functioning of the Continuous Professional Training and Operational Programs Department”).

During the Covid-19 pandemic, the University organized online courses and supported the teaching staff in their didactic activities.

The expert group considers criterion C.5. as fulfilled.

#### **C.6. Systematically updated database, regarding the internal quality assurance**

The University has designed an internal quality assurance system and established structures for monitoring and developing the quality assurance concept. Parts of the internal quality assurance system are regular peer and students reviews, as well as the feedback meetings organized for this purpose. A more detailed description can be found under criteria C.3. and C.4. A regular track of the evaluation and review results is maintained by the University. Strategies for improvement are designed therefrom. A corresponding electronic system is also implemented. The experts conclude that the data and information policy seem to be adequate at the University.

The expert group considers criterion C.6. as fulfilled.

#### **C.7. Transparency of public interest information concerning study programs**

The results of quality assurance activities are summarized in a report in order to improve the programs’ quality.

Through its website, the University supplies relevant information concerning its programs and its structures to the public. Main parts of this information are available in English. Thus, the University promotes its study programs online, through local printed media, and by running open days and workshops in high-schools and other institutions. The information is also available through a

printed "Student Guide". There is also published information concerning the compensation regulations for students with disabilities.

The experts conclude that the faculty provides information on qualifications, study programs, diplomas, teaching and research staff, student facilities and other aspects. The website should be revised though in order to offer the latest and relevant information.

All in all, the expert group considers criterion C.7 to be fulfilled.

#### **C.8. Functionality of education quality assurance structures, according to the law**

The expert group was provided with an overview of the quality evaluation mechanisms and institutional structures. The Quality Management Commission regularly elaborates and reviews all corresponding policies and strategies, as well as operational procedures. The expert group is convinced of the validity of the information provided in the application documentation, and its accordance with the legal framework, as stated in the "Quality Manual". Quality assurance and evaluation for the currently running programs is well-developed at the University.

Structured processes and an evaluated organization underline the importance of the quality management at the University; the organization strives for continuous improvement. Central and decentral staff are involved in the quality assurance process. The experts conclude that the institutional structure for quality education seems to be adequate. Thus, criterion C.8 is considered to be fulfilled.

For more details on the structure, functioning and members involved in the Quality assurance procedures at the University see also criteria A.1, A.2 and C.1.

## 4 Evaluation Summary

The main task of the expert group during the peer review was to assess the running “Physical Education and Sport” study program and to verify its compliance with European and Romanian regulations (*see part 1 Introduction*).

In the view of the expert group, the “Physical Education and Sport” study program complies with Romanian regulations as specified in the “Methodology” and the “Law of National Education”. Hence, the study program complies with the pertinent Romanian conventions as well as with all legal normative requirements.

The expert group acknowledges the high motivation and engagement of all persons involved in the program. In addition, the students are satisfied with the University and the commitment of their teachers.

Furthermore, the experts see a strong, positive development of the University within the last five years and the implementation of the recommendations of the previous accreditation (e.g., the number of books and specialty magazines/periodicals with subscription was updated and completed in the library and students were given access to research platforms such as Anelis or Springerlink).

The on-site visit in addition to the documentation provided by the University, enable the expert group to recommend the re-accreditation of the “Physical Education and Sport” study program offered by Vasile Goldiș Western University of Arad, to the Accreditation Commission of the AHPGS.

Given the fact that the program meets all normative requirements and standards listed in the performance indicators determined by the Romanian national quality assurance agency, the expert group recommends the re-accreditation of the “Physical Education and Sport” Study Program also by the Romanian Ministry of Education.

At the same time, the experts attempt to provide constructive feedback and recommendations for further improvement regarding the concept, structure and content of the program.

The following recommendations are thus proposed for the University’s consideration:

### A) Institutional Capacity:

- the future self-evaluation report, should only contain 30 pages.

- the possibilities of going abroad through short-term stays should be expanded, for example internship or summer school.
- creative ways of internationalization should be found, for example internationalization from home or online conferences, to include their students in the international scientific community.
- the University should expand the search for additional funding sources, such as support from the local authorities, national foundations, sponsor-ships from companies or private donors/alumni.

#### B) Educational Effectiveness:

- the students should be further integrated into the research of their teachers and research should be further integrated into the curriculum of the study program.
- Interdisciplinary modules should be offered.
- the Bachelor thesis is an obligatory part of the curriculum and should therefore be included in the workload of the study program
- the obligatory and recommended literature should be supplement with international research literature

#### C) Quality Management:

- the University should improve the accessibility for people with a disability through elevators and wheelchair accessible buildings.
- The equipment should be expanded by software and an e-campus should be developed. Furthermore, its recommended to provide students with access to a public swimming pool to improve training opportunities.

## **5 Decision of the accreditation commission**

### **Decision of the accreditation commission of May 4<sup>th</sup>, 2023**

The proposed resolution of the Accreditation Commission of the AHPGS is based on the University's application, as well as the expert review and the on-site visit described in the Expert Report.

The on-site visit of the University took place on December 14<sup>th</sup> and 15<sup>th</sup>, 2022 according to the previously agreed-upon schedule.

The accreditation decision is based on the Expert Report. The Expert Report, i.e. the proceedings of the Process of Accreditation conform to the European Standards and Guidelines for Quality Assurance in the European Higher Education Area (ESG) as well as to the Art. 150 of Romania's Law no. 1 of National Education 2011; the Quality Evaluation Activities Guide for University Study Programs and for Higher Education Institutions: Part 1 Study Programs Accreditation External Evaluation Guide, and the Methodology for External Evaluation, Standards, Standards of Reference, and List of Performance indicators of the Romanian Agency for Quality Assurance in Higher Education ("Methodology").

The Accreditation Commission of the AHPGS discussed the procedural documents and the recommendations of the expert group.

The study program "Physical Education and Sport" is offered by the Faculty of Social Sciences, Humanities and Physical Education and Sport at Vasile Goldiș Western University of Arad, Romania. The regulated study period is six semesters (three years). The study program is offered in Romanian.

180 credit points (CP), i.e., 30 CP per semester, according to the European Credit Transfer System (ECTS) are required in order to graduate from the program. One CP is equivalent to 25 workload hours. The total workload of the program constitutes 4,500 hours, of which 2,144 are contact hours, 862 are teaching hours, 1,282 are practical activities, 120 hours are internship hours, 56 hours are preparation of the thesis and 36 hours are individual study hours. To the total amount of 180 CP another 10 CP are virtually added for the thesis.

The program consists of 47 modules, out of which 41 are mandatory. Six modules are optional (out of twelve). The Bachelor study program "Physical Education and Sport" is completed with awarding of the academic degree "Bachelor of Physical Education and Sport".

The Accreditation Commission of the AHPGS considers that the Criteria (according to the European Standards and Guidelines for Quality Assurance in the European Higher Education Area (ESG) as well as to the Law no. 1 of National Education of Romania, 2011, Art.150, and Art.193; the Quality Evaluation Activities Guide for University Study Programs and for Higher Education Institutions: Part 1 Study Programs Accreditation External Evaluation Guide, and the Methodology for External Evaluation, Standards, Standards of Reference, and List of Performance Indicators of the Romanian Agency for Quality Assurance in Higher Education) are fulfilled and therefore adopts the following decision:

The study program “Physical Education and Sport” is recommended to extend the accreditation.

For the further development and enhancement of the study program and the University as a whole, the Accreditation Commission of the AHPGS supports the recommendations articulated in the Expert Report.